

The
Instructive District Nursing
Association

*Twenty-third Annual Report for the Year
ending January 31, 1909*



BOSTON

D. W. Moreland

FORM OF BEQUEST

I give and bequeath unto the INSTRUCTIVE DISTRICT NURSING ASSOCIATION, in Boston, in the State of Massachusetts, incorporated in the year 1888, its successors and assigns, the sum of

\$75 supplies a nurse for one month.

\$450 supplies a nurse for six months.

\$900 supplies a nurse for one year.

\$20,000 endows a nurse.



The baby has been taken care of since its birth by the nurse, who also makes the modified mixture, as the mother has been seriously ill. Father able to support the family.

TWENTY-THIRD ANNUAL REPORT
OF THE
INSTRUCTIVE DISTRICT
NURSING ASSOCIATION

(INCORPORATED 1888)

FOR THE YEAR ENDING JANUARY 31, 1909



THOMAS TODD
Printer
14 BEACON STREET, BOSTON, MASS.

ACT OF INCORPORATION

No. 3480

COMMONWEALTH OF MASSACHUSETTS

BE it known that whereas, Phebe G. Adam, Anita E. Wheelwright, Mary Minot, Hannah A. Adam, Judith W. Andrews, Abbie C. Howes, Margaret Greene, Clara T. Endicott, Susannah R. Norcross, Alice D. Chandler, Emily W. Appleton, and others, have associated themselves with the intention of forming a corporation under the name of The Instructive District Nursing Association, for the purpose of caring for the sick poor at their homes, and for instruction in home nursing, and have complied with the provisions of the Statutes of this Commonwealth, in such case made and provided, as appears from the certificate of the President, Treasurer, Secretary, and Managers of said corporation, duly approved by the Commissioner of Corporations, and recorded in this office;

Now, therefore, I, Henry B. Pierce, Secretary of the Commonwealth of Massachusetts, do hereby certify that said P. G. Adam, A. E. Wheelwright, M. Minot, H. A. Adam, J. W. Andrews, A. C. Howes, M. Greene, C. T. Endicott, S. R. Norcross, A. D. Chandler, E. W. Appleton, and others, their associates and successors, are legally organized and established as, and are hereby made an existing corporation under the name of, The Instructive District Nursing Association, with the powers, rights, and privileges, and subject to the limitations, duties and restrictions which by law appertain thereto.

Witness my official signature hereunto subscribed, and the seal of the Commonwealth of Massachusetts hereunto affixed, this twenty-sixth day of December, in the year of our Lord one thousand eight hundred and eighty-eight.

HENRY B. PIERCE,

[SEAL]

Secretary of the Commonwealth.

BOARD OF MANAGERS

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 DR. VINCENT Y. BOWDITCH
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 MRS. OTIS NORCROSS, JR. MRS. F. S. CLARK

HOUSE COMMITTEE

MRS. F. H. MONKS, *Chairman*
 MRS. W. A. DONALD MRS. JOHN RITCHIE

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 MRS. G. S. DERBY

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MISS ROSAMOND BRADLEY	MISS DOROTHY E. DWIGHT
MISS MARY DEXTER	MISS I. MARGARET STACKPOLE
MISS EDNA H. STOCK	

ATTENDING PHYSICIANS TO THE TRAINING SCHOOL

DR. BETH VINCENT

DR. SAMUEL ROBINSON

DR. JOHN B. HAWES, 2d

DISTRICT NURSING HOUSE AND OFFICE

No. 561 MASSACHUSETTS AVENUE

TELEPHONE, TREMONT 139

District Superintendent

MISS MARTHA H. STARK

Graduate of Massachusetts General Hospital and Boston Lying-in Hospital.

Head Nurse at Massachusetts General Hospital, 1 year, 6 months.

Staff Nurse for Instructive District Nursing Association,

1 year, 6 months. Superintendent since

May 6, 1901

At office between 8.30 and 9.00 A.M.

2.00 and 3.00 P.M.

Assistant District Superintendent

MISS MINNIE H. P. BRIDGES

Graduate of the New York Hospital and Sloane Maternity Hospital. Head Nurse at Lowell General Hospital, 6 months. Nurse for St. John Guild on

Special Relief Work, New York City, 1 year, 9 months.

Staff Nurse for Instructive District Nursing

Association, 5 years

Superintendent of House and Training School

MISS MARTHA P. PARKER

Graduate Massachusetts General Hospital. Head Nurse of Massachusetts General Hospital, 10 months. Matron of Hospital and Superintendent of Training

School, Central Maine General Hospital, Lewiston, Me., 2 years,

6 months. Superintendent of Salem Hospital and Training

School, 8 years. Graduate of School of Instructive

District Nursing Association

At office after 3.00 P.M.

Assistant Superintendent of House and Training School

MISS MARTHA J. STEWART

Graduate Samaritan Hospital, Troy, N. Y. Head Nurse Samaritan Hospital, 1 year, 2 months. United States Government Hospital, Ancon, Panama, 10 months.

Graduate of School of Instructive District Nursing Association

Office Agent

MISS L. J. PAYSON

Assistant Office Agent

MISS A. H. PAYSON

DISTRICT COMMITTEES

DISTRICTS	CALL STATIONS	MANAGERS	NURSES
No. 1. East Boston	F. A. Woodbury 108 Sumner St.	MISS MARY MINOT MRS. O. NORCROSS, JR.	<i>Supported by King's Chapel</i> MISS FLORENCE MACDOUGALL
No. 2. } North End No. 3. }	North End Union 20 Parmenter St.	MRS. R. H. FITZ MRS. F. S. CLARK	<i>Supported by Arlington St. Church</i> MISS MAE T. BARRY
No. 4. West End	H. Cabitt 109 Green Street	MRS. H. EHRLICH	MISS ALMIDA PETERSON
No. 5. South Cove	Boston Dispensary Ash St.	MRS. W. C. BAYLIES MRS. ALBERT DEBUCHY	The Sarah S. Upham Nurse MISS FANNIE M. HOWE
No. 6. Central	Boston Dispensary Ash St.	MISS G. S. CARY	The Helen E. Cary Nurse MISS MARY McAVOY
No. 7. South End	Boston Dispensary Ash St.	MRS. W. C. BAYLIES	I. D. N. A. TRAINING SCHOOL NURSES
No. 8. } South Boston No. 9. }	C. A. Curtis 373 Broadway	MRS. W. A. HAYES	<i>Supported by a Friend</i> MISS LOUISE ASMAN
No. 10. } South Boston No. 13. }	C. A. Curtis 373 Broadway	MRS. W. A. DONALD	<i>Supported by a Member of King's Chapel</i> MISS ANNE M. DEVANNY
No. 11. Roxbury	F. H. Putnam 2121 Washington St.	MRS. JOHN RITCHIE MRS. MARY P. RICE	
No. 15. Roxbury	A. A. Burnham 459 Dudley St.		MISS ALICE A. EDDY

No. 12. Roxbury	Max Cramer 1212 Columbus Av.	MRS. F. H. MONKS MRS. HUGH CABOT	The Theresa H. Blake Nurse MISS BELLE LOUISE WELCH
No. 14. Charlestown	Downey & McCormick Thompson Sq.	MRS. W. C. BAYLIES	Supported by Income from Patients I. D. N. A. TRAINING SCHOOL NURSES
OBSTETRIC WORK			
South Boston	174 Harrison Av.	MISS FANNIE BARTLETT	Supported by King's Chapel MISS MARGARET A. KELLEY
South Cove, Central, South End, and Roxbury	174 Harrison Av.	MRS. G. S. DERBY MISS HELEN COLLAMORE	Supported by a Friend MISS MARY F. GREEN
North End	Lying-in Hospital 24 McLean St.	MRS. E. P. MORTLEY	The Rebecca A. Greene Nurse MISS AGNES B. DEVANNY
West End	Lying-in Hospital 24 McLean St.	MISS FANNIE BARTLETT	Supported by a Friend MISS GEORGINA RODGERS
DAY NURSERIES AND KINDERGARTENS in Neighborhood Houses supported by Mrs. Quincy A. Shaw		MISS M. E. BATELDER	Supported by Mrs. Quincy A. Shaw MISS HANNAH L. QUIGLEY
EXTRA WORK in all districts		MISS E. G. DENNY	Supported by a Friend MISS MAUD H. J. HARWOOD
WORK AT LARGE throughout the city	561 Massachusetts Av.	MRS. E. A. CODMAN MRS. W. C. BAYLIES MISS E. P. CORDNER	I. D. N. A. TRAINING SCHOOL NURSES

METHODS OF WORK

THE precise object of the Instructive District Nursing Association, organized in 1886, is to provide and support nurses, who shall care for the sick poor of Boston in their own homes. These nurses shall also instruct the families they visit to take better care of themselves, by showing them how to obey the laws of wholesome living and to practice the simpler arts of domestic nursing.

Nine out of the fifteen regularly employed nurses of the Instructive District Nursing Association work for the most part under the physicians of the Boston Dispensary, which divides the city of Boston into fifteen outpatient districts. The nurse meets the physician of her district each week day, generally at the place where the calls are left. Two of the nurses in the small districts visit the new cases with the doctor and the old cases which she thinks need his attention, and the seven others make the round of visits alone, after obtaining the physician's written or verbal instructions. The rest of the day the nurse spends in visiting old cases, in revisiting those new cases which need her care, and in attending to the cases of other doctors which the Superintendent may have assigned to her.

One nurse works in the day nurseries of the Neighborhood Houses supported by Mrs. Quincy A. Shaw.

Four obstetric nurses work under the physicians of the Boston Lying-in Hospital. Each morning the nurses are given a list of newly delivered cases. These they visit with or without their doctor. The nurses are also given a list of the cases to visit before confinement, and when the time allows these are visited.

One nurse takes overflow cases from the general and obstetric nurses.

Working under the District Superintendent and her Assistant Superintendent and this fully trained staff of nurses are four undergraduates, two from the Massachusetts General Hospital and two from the Boston Lying-in Hospital. They are on duty eight hours in the day, and the former work on Sundays and holidays, the latter on holidays. The Association furnishes bags and car fares and pays for lunches when the nurses cannot return

to their hospitals. Thus they receive training in district work, at the same time rendering the regular nurses great assistance.

Nurses have to be on duty at 8.30 A.M. and are expected to work eight hours each week day, but only in exceptional cases on Sundays, holidays, or nights. Nurses receive \$45 per month for three months' probation, and then \$50 per month for nine months, and \$60 per month thereafter. Nurses are furnished with uniforms, with the exception of waists, collars, and aprons, which they supply themselves. In addition, nurses are allowed \$5 per month for car fares, and \$2 per month for charwoman and the necessary washing for patients. Nurses are given one month's vacation without loss of pay, a substitute being provided. Nurses give oral and written reports of their work, at a stated time each week, at the office, to a committee of one or two managers. These reports are taken each month by the agent and kept on file.

The Training School for District Nurses is open to graduates and senior undergraduates of recognized hospitals. These pupil nurses live in the House and are under the supervision of a Superintendent and her Assistant Superintendent. The course of training consists of three months' thorough instruction in district nursing. Board, lodging, car fares, and nursing supplies are given. There are now nine pupil nurses.

Special nurses, when the funds allow, are engaged either by the hour or by the day or night for those patients whom the regular nurses and pupil nurses cannot look after.

The District Superintendent has supervision over all the nurses of the regular staff and the assistant nurses, also over all special nurses employed by her, supplies substitutes during the nurses' summer vacations or in case of their illness, recommends nurses for appointment on the staff, and sees that the supply closets are kept in order.

The Superintendent of the Training School has supervision over all the pupil nurses and all special nurses employed by her, and is Superintendent of the House.

The Executive Committee has authority over the Superintendents and nurses.

The House Committee has charge of all things pertaining to the House.

The Supply Committee has the charge of providing all articles

needed in the sick room and apportioning them to the closets provided for that purpose, of providing the furnishings for the nurses' bags, and all stationery needed.

All supplies for the sick room are loaned and returned under the direction of the nurses.

A District Committee is appointed for each nurse, consisting of one or two managers, which meets the nurse once a week to hear her report.

The Training School Committee, consisting of three managers, has charge of the Training School.

All committees are under the authority of the Board of Managers, who at present consist of twenty-four ladies beside the President, and who have the entire management of the business of the Association.

TERMS

Any one may apply for a nurse under the following conditions, provided a physician is in charge of the patient.

VISITING NURSES

1. A visiting nurse is furnished without charge to those unable to pay for her services.
2. Patients in better circumstances are expected to pay from ten cents (which covers street car fares) upward to forty-five cents, which covers the cost of the nurse's time to the Association.
3. Maternity cases will be attended after confinement. Nurses cannot be sent to cases of labor.
4. Cases requiring massage are not taken.
5. Scarlet fever and diphtheria cases are not taken.
6. The nurses' hours for visiting are between 8.30 A.M. and 5.30 P.M.

SPECIAL NURSES

Special nurses are furnished, when the funds allow, upon the following conditions for the day or night:

1. When the doctor considers it inadvisable to send the patient to a hospital.
2. When the case is not a chronic one.

3. When the case will require not more than three days' continuous nursing.
4. Scarlet fever and diphtheria cases are not taken.
5. Calls at night must be made only by physicians for cases of emergency.
6. The services of nurses shall be paid for *whenever it is possible*, as the Association is supported almost entirely by voluntary contributions. The actual cost for these nurses to the Association is \$2.50 a day or night, a reduced price charged by the nurses on account of the nature of the work.

DISTRICT NURSING HOUSE, 561 Massachusetts Avenue.

Telephone, Tremont 139.

MARCH 1, 1909.

ARTICLES IN BAG FOR GENERAL NURSE

Instrument case	Sheet wadding
Scissors	Bandages
Forceps	Compress
Probe	Brandy
Catheter, glass	Corrosive tablets
Catheter, rubber	Creolin
Thermometer	Crude petroleum
Rectal thermometer	Vaseline
Safety pins	Tongue depressors
Soap box	Culture tube
Soap	Memorandum book
Bowl	Small pad of paper
Nail brush in rubber bag	Pencil
Orange-wood sticks	Clinical charts
Comb	Bedside notes
Towel	Diet slips
Apron	Board of Health postal cards
Bag, containing	Carriage orders
Gauze	Car tickets
Absorbent cotton	

ARTICLES IN BAG FOR OBSTETRIC NURSE

Instrument case	Bag, containing
Shears	Gauze
Scissors	Absorbent cotton
Forceps	Sheet wadding
Probe	Bandages
Catheter, glass	Compress
Catheter, rubber	Creolin
Thermometer	Crude petroleum
Rectal thermometer	Vaseline
Ice cap	Sub-gallate powder
Safety pins	Boric acid powder
Soap box	Oxide of zinc and starch powder
Soap	Eye-dropper
Bowl	Drinking tube
Nail brush in rubber bag	Tongue depressors
Orange-wood sticks	Culture tubes
Comb	Memorandum book
Baby brush	Small pad of paper
Towel	Pencil
Apron, cotton	Clinical charts
Apron, rubber	Bedside notes
Breast bandage	Diet slips
Baby clothing	Board of Health postal cards
Brandy	Carriage orders
Corrosive tablets	Car tickets

BEFORE THE NURSE'S VISIT



Family of eight children and newborn baby. Father found drunk. No fire and no proper food.

AFTER THE NURSE'S VISIT



Nurse made modified mixture. Made the room neat and the mother comfortable. Room too cold to give the baby a bath, but the eyes were attended to. Applied for aid to the proper charity organizations.

ANNUAL REPORT

THE first words of this report must be those of grateful appreciation for our retiring President, who for ten years has directed the affairs of this Association with untiring energy and devotion. To her leadership the growth of the Association has been largely due, and to her far-sightedness and initiative many schemes of great utility have been realized.

Twenty-three years ago this Association was organized by two ladies and served by one nurse. This year the Association has had in its employ eighteen regular nurses, four assistants, and the pupil nurses of the Training School, numbering on an average nine, or a total of thirty-one regular nurses, besides special nurses. The Association has in these years become recognized as important to the welfare of the city of Boston. The poor greet the nurses, when sickness brings them to their homes, with affection and trust. The rich are glad that precautions against the spread of contagious diseases are taken, and that the poor are learning, through the teaching of cleanliness and the simple rules of hygiene, to improve their standard of living. And, finally, the physicians of the Boston Dispensary and of the Lying-in Hospital, who give so generously of their time to serve the sick poor, would be sadly handicapped in their care were it not for our nurses. We turn, therefore, once more to the public with confidence to ask for the increasing support which is necessary to meet the increasing demand.

TUBERCULOSIS NURSING

Of the eighteen staff nurses who have worked under the supervision of the Superintendent and Assistant Superintendent for all or part of the past year, two have been entirely concerned with tuberculosis cases. The existence, however, of a special Society for the Relief and Control of Tuberculosis, and the extensive plans of the city of Boston for the same purpose, have appeared to us to make this special service less imperative for this Association; so that when, in May, 1908, the money which for two years had

been especially contributed for the support of a tuberculosis nurse was discontinued, the Association felt justified in leaving this problem to others. These other methods of relief have, however, as yet failed to supply the place of our nurse; and last month this Association, having the funds and appreciating the need, has taken the initiative, and has offered to the Boston Dispensary \$300 toward the support of a special tuberculosis nurse, provided the other societies or friends will contribute the remaining \$600 necessary to meet the expense for one year. The regular district nurses now nurse, and we trust always will, such cases as do not fulfill the requirements of the Society for the Relief and Control of Tuberculosis and the Municipal Aid. These include many chronic and bed-ridden cases, many tubercular bone cases, and special attention is given to nourishment for the newborn babies of tuberculous mothers. Together with the nursing goes the instruction, which aims at preventing the needless spread of the disease.

We are glad to recall that this Association was the first, in 1901, to visit in their homes tuberculous outpatients from various hospitals, and give them instruction; and in 1905 was the first to have a special tuberculosis nurse. It is, therefore, our right to claim a share of the initial and experimental work which has led to the scientific campaign against consumption in the city.

The Superintendent arranged an exhibit of the work done by this Association for tuberculous patients for the International Tuberculosis Exhibition at Washington. This exhibit has now been made a part of the permanent State Tuberculosis Exhibit.

During the year the Dorchester Relief Society has undertaken the supervision of a nurse independently of this Association. We sincerely wish this new enterprise every success.

OBSTETRICAL
NURSING

Four nurses, instead of three as reported last year, are devoted to obstetrical cases. The pressing need of such a nurse for the West End was appreciated by friends, and money was contributed for her support, at first for six months, and later for four more. She has made, on an average, 237 visits a month. This record proves how essential she is, and it is very much hoped that she may be secured to us permanently.

These nurses work under physicians of the Lying-in Hospital,

and are greatly helped by always having the assistance of two undergraduate nurses from that hospital, who come for one or two months' training under the district nurses.

A very important part, the preparatory visits, of this branch of nursing has been entirely omitted for over a year, and at specially busy times during the year even single visits have had to be dropped, owing to the demand upon the nurses.

GENERAL NURSES Nine nurses work directly under the physicians of the Boston Dispensary, from whom they daily receive their orders and to whom they are directly responsible. The pressure of work on these and the obstetrical nurses being manifestly excessive, the Association welcomed this autumn with special gratitude the gift from a friend of \$900, which enabled it to have an extra nurse to take the overflow cases from the various districts.

Even with this provision there are times when the regular nurses have more than they can do. A further gift has justified for the present the expense of special nurses, who are employed for a few hours, or sometimes days, to supplement the work. It is the first desire of the Association to care for its very poor patients, and now—except for the preparatory obstetrical visits—this is being done satisfactorily. But the more nurses there are, the more their work becomes known, and the demand for them increases with the supply. To be obliged through lack of funds to refuse cases, or to lower our standard of thoroughness in nursing, would be greatly to the disadvantage both of the Association and of the patients.

DAY NURSERIES NURSE One nurse, as last year, is supported by Mrs. Quincy A. Shaw to work among some of her kindergartens and day nurseries. She looks out for defective eyes, ears, and teeth, takes or sends children to the outpatient departments, and visits cases in their homes.

Two undergraduate nurses come from the Massachusetts General Hospital each month for training in district nursing under the supervision of the regular nurses. They receive no pay, but gain valuable experience, and are of great assistance to the Association.

The staff nurses must be graduates of hospitals of good standing, but not every good hospital nurse is a useful nurse in the

district. There she must have ingenuity and resourcefulness, a steady head with which to meet the many problems which have nothing to do with nursing, but which it is her privilege to solve, and above all she must love her work and the human beings for whom she works. A three months' probation in the district proves whether she has those qualities.

The factory nurse has proved herself of use, and it is now hoped and believed that her work may be extended to many factories. She visits the factory and twice a month inspects all employees, referring any suspicious-looking cases to physicians. She is notified when any employee is absent, and visits her in the home. She does minor dressings in the factory, and insists that a high standard of cleanliness and hygiene be adhered to among all.

The three Whiting Milk Stations, at which nurses are on duty for one hour every morning, are not only a great help in making it possible for the district babies, sick or well, to have proper milk, but open a way of communication by means of which the nurse becomes known to the people, and is sought out for advice when the babies are sick.

With these nurses work six young women, representing homes of luxury, who have volunteered their services for certain hours every week. They take children to the outpatient departments of the hospitals and dental schools, they bathe the chronic patients, read to them, cheer and comfort them, and after the mother is well enough to need no more nursing care, these volunteers help her to save her returning strength by giving the new-born baby a daily bath. I asked the Superintendent whether she would like more volunteers, and her answer, "I should think so, with fifty babies that ought to be washed," may well make its appeal to any young woman desiring a self-sacrificing and practical service.

TRAINING
SCHOOL

This is the third winter of the Training School, and the managers feel it has proved itself of great value, not only to this Association, but to the community at large, and fully justifies its cost. Its success has been largely due to the wisdom and influence of its first Superintendent, Miss Macleod. It was with regret that the Board of Managers felt obliged to accept her resignation, because she felt

herself not strong enough for the work; but in the appointment of her successor, Miss Parker, we are much to be congratulated. We have added to our house staff an Assistant Superintendent, the number of pupil nurses seeming to require more instruction than one Superintendent could give. The pupils must be graduates, or senior nurses, of a hospital, and the course at the school lasts three months. They receive their board and car fares from the Association, but no salaries. The following statistics show better than any words the usefulness of such a school, and it is interesting to notice that in this age of professional specializing the study of district nursing, as a specialty apart from hospital or private nursing, is coming to be considered a necessity for any woman who is to devote her life to such service.

Twenty nurses have graduated from the Training School, and twelve have been put in charge of District Nursing Associations; eleven others have taken part of the course. The course teaches the nurses to adapt their knowledge of nursing learned in the hospitals to the needs of the poor; but it specially teaches them to get close to the lives and hearts of their patients, and to study how best to lighten their heavy burdens. Every day after lunch, and again in the evening, the Superintendents talk over each case with the pupil nurses. The social conditions of the family are discussed, from what society aid can best be obtained if it is needed, and above all the nurse is made to feel the responsibility and privilege of helping that family as a friend.

The pupil nurses not only work in two Dispensary Districts, which were formerly cared for by paid nurses, but also under private physicians for people who are for the most part able and prefer to pay small sums for these services. This class of patients represent probably the great majority of the people of the city. The self-respecting wage-earner who can support his family comfortably in health finds himself in a very difficult situation when sickness enters his home. The physician also who attends him, and who expects a small fee, is at a loss to know how to get for such a patient the scientific nursing care which is often the condition of recovery. A private nurse is a luxury not to be considered, and the district nurses have all they can do among the very poor. This Association hopes to be able to meet this crying need for home nursing by means of these Training

School nurses, and it is already doing enough to know how important, and at the same time how practicable, it is.

During the past year the rule was put into effect that small fees, from ten to forty-five cents a visit, should be collected from the patients whenever, in the opinion of the nurse, it was possible. \$1,260.48 has come into the treasury in this way.

SPECIAL CASES This Association desires, at the request of any physician, under three conditions to supply a special nurse. These conditions are: first, that the case is very serious; second, that it cannot be removed to a hospital; and third, that the nurse will not be needed for over three days. When one realizes how often a life is saved by devoted, scientific nursing during a crisis, the importance of this branch of our activity becomes plain. But for this purpose the Association must employ special nurses, to whom it must pay regular wages. During the year, \$421.76 has been spent on sixty-four cases of this nature. At times the funds of the Association allow of its accepting only a very limited number of such cases, and the need is urgent that we should be in a position to respond always to such appeals.

At present the Association does not take cases of scarlet fever or diphtheria, but the question is under discussion, and it is hoped ways and means will be found for providing nursing care for such cases in their homes. There is at present no adequate hospital provision for adult contagious cases and none for babies, and the need of some one to nurse and to carry out the instructions of the Board of Health would seem imperative.

Last spring, at the time of the Chelsea fire, our Superintendent offered to take charge of the nursing care of the bewildered citizens. Nurses and untrained helpers volunteered their assistance, and in an amazingly short time a corner of a gallery of a hall was fitted up with necessities for emergencies, and the nurses were at work under a staff of volunteer physicians and two nurses of this Association. After two months Chelsea seemed in a position to take care of itself; but the local doctors had learned the value of the district nurses, and under the initiative of several ladies a nurse, just graduated from our Training School, was engaged as the Frost Hospital District Nurse in Chelsea.

A gift of \$900, to be used for immediate relief in Chelsea, and then to be used for one of our regular nurses, was a great help.

The Association desires to express its gratitude to Dr. John B. Hawes, 2d, who kindly agreed to arrange a course of monthly lectures for the nurses, and to the following physicians, whose talks have been of great benefit to the nurses:

Dr. David Cheever, Jr., "Surgery in the District."

Dr. George H. Powers, "Duties of Nurses in Connection with Ear, Nose, and Throat Patients."

Dr. David Townsend, "Tuberculosis."

Dr. N. R. Mason, "Obstetrics."

Dr. John B. Hawes, 2d, "Tuberculosis."

Dr. Charles Hunter Dunn, "Diseases of Infants and Feeding."

Besides this course of lectures, Dr. Alfred Worcester very kindly gave a talk to the nurses.

COÖPERATION Christmas was made unusually happy for the district patients through the kindness of nine private nurses, who volunteered to help the regular nurses that these might have time to take to their patients the gifts of food and clothing which were sent to the Association to be distributed. Several friends lent their automobiles to carry the packages, and the nurses had almost as much pleasure in giving as the patients had in receiving. The Church of Our Saviour in Longwood again supplied the Roxbury patients with useful gifts in a most generous fashion, and the Young Men's Christian Association gave to many of our district children the joy of a Christmas tree. The Association takes special pleasure in thanking these friends for this manifestation of the Christmas spirit.

Our work would indeed be sadly limited were it not for the cordial coöperation with other organizations. The importance of this relation is keenly felt by us, and we trust is mutual. Our requests for special nurses, made through the Directory for Nurses and Nurses' Clubs, are readily responded to, the nurses often serving for nothing or at reduced fees. The Floating Hospital takes many babies recommended by our nurses, and the Country Week and Milton Home extend a cordial invitation to our patients to come to the country for a rest. The very generous supply of car tickets, carriage orders, and harbor tickets given

by the Young Men's Christian Union give joy to the patients and help to the nurses. The various Diet Kitchens and the fund of \$350 raised in East Boston for nourishment are an invaluable help; while the Boston Fruit and Flower Mission brings brightness, and the lovely baskets of fruit, dainties, and flowers which the State Flower Mission sent at Thanksgiving and Christmas in such bountiful numbers are a delight to all. Our nurses constantly take patients to the dispensary and hospitals, and this year the coöperation with the dental schools has led to special attention being given to the patients' teeth. Cooking classes, under the auspices of the Home Cooking Classes Society, have been arranged among our patients for the coming year. We turn often to the Associated Charities for advice and aid in our more needy cases. The Salvation Army, the Young Women's Christian Association, the Parker Memorial, St. Andrew's Chapel, the Roxbury Charitable Society, North End Union, and the Dorchester Relief Society all lend a hand to our work. We wish to thank all these organizations and all the individuals who have shown us their confidence by contributing to the support of the Association.

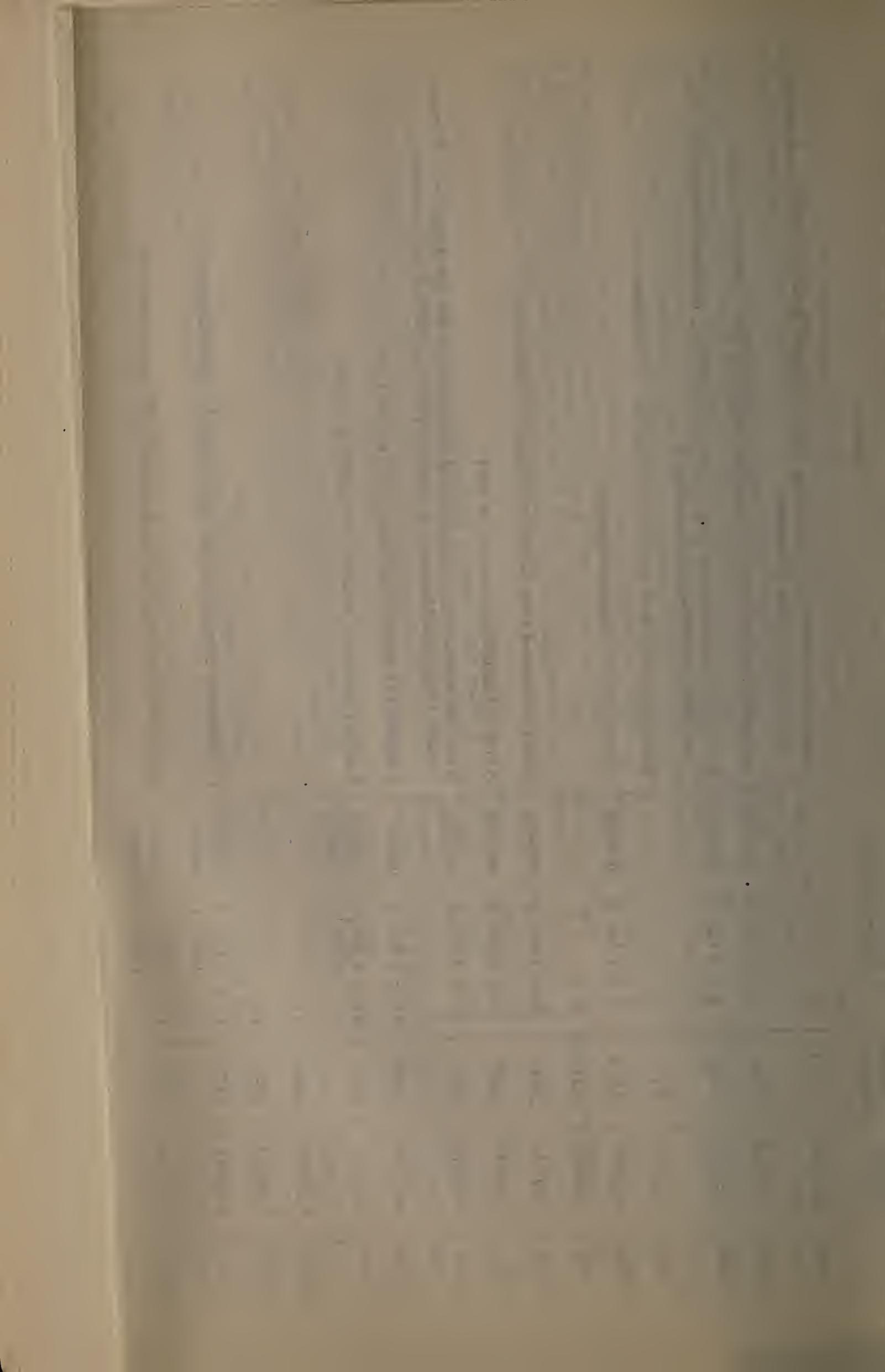
Our thanks are also extended to the trustees of the Mrs. Arthur T. Lyman Fund for again giving money for sick and tired nurses and for special nurses, and to Mr. Frank H. Woodbury, in East Boston, for the free use of rooms and closet for our loan supplies.

A delightful lecture with stereopticon pictures was very generously given by Mr. William Lyman Underwood, and enough money thereby raised to support a nurse for one year; and "Bruno the Bear" may not only feel that he has given pleasure, but that he remains of permanent use.

The financial year has been, on the whole, a happy one. The Association has spent about \$27,000, and closes the year free of debt. Our subscribers may, therefore, have the satisfaction of knowing that their gifts for the coming year will be applied not to making up a deficit, but to procuring thoroughness in our present work and promoting new enterprises in the future. The Association is doing much already, but it wants to do much more. When one has actually visited in the district with the nurse and has seen the homes at her first visit, and then has later seen

CHRONOLOGY

	Expense for year.	Number of patients.	Number of nurses.	Remarks.
1886	\$1,224.01	707	2	Association started by two ladies, with one small room for office and supply room at the Boston Dispensary
1887	2,691.46	1,836	4 + 1 for 6 months	Increase of nurses when not specially designated is in "general" nurses
1888	3,524.69	1,543	4 + 1 for 9 months	Nurse put on for work-at-large cases, but given up; became incorporated; special office hired and agent employed
1889	4,498.14	2,131	6	Emergency work with special nurses started; 15 managers
1890	4,700.71	2,614	6 + 1 for 8 months	2 supply rooms besides dispensary
1891	5,422.57	3,122	7	
1892	6,247.55	3,475	8 + 1 for 2 months	Cases discharged from Children's Hospital followed up
1893	7,400.16	3,426	9 + 1 for 6 months	Nurse in Cambridge first put on duty
1894	8,863.73	3,352	11 + 1 for 2 months	Nurse in Roxbury for 2 months and special nurse for the Outpatient Department, Children's Hospital; lectures by physicians first given to nurses
1895	9,563.70	3,396	11 + 1 for 1 month	Children's Hospital nurse given up at end of year
1896	9,550.31	4,195	11 + 1 for 10 months 1 for 2 months	Roxbury nurse put on again at beginning of year
1897	8,892.97	4,040	11	
1898	8,944.34	5,029	11	
1899	9,539.44	5,177	11 + 1 for 3 months 1 for 1 month	12 dispensary districts for first time covered; nurses uniformed
1900	11,754.42	6,203	13 + 1 for 9 months 1 for 1 month	Superintendent of nurses first appointed; first obstetrical nurse
1901	14,157.43	6,310	15 + 1 for 1 1/2 months	Second obstetrical nurse
1902	14,583.46	6,793	15 + 1 for 5 months	Third obstetrical nurse; 2 districts combined under one nurse
1903	14,863.94	7,354	15 + 1 for 2 months	2 districts combined and a nurse put in Charlestown; cases taken from the Society for the Relief and Control of Tuberculosis
1904	14,964.37	8,024	14 + 1 for 8 months 1 for 3 1/2 months 1 for 4 months	Assistant superintendent first added to staff; Cambridge nurse and third obstetrical nurse withdrawn during the year; 5 assistants from hospitals work under the district nurses for first time
1905	16,549.84	9,483	15 + 1 for 3 months 1 for 1/2 month 1 for 2 months 1 for 1/2 month	Nurses in Dorchester and Brookline each for first time; 2 nurses for first time in public schools; 3 hospital assistants; special coöperation with Society for Relief and Control of Tuberculosis; 5 volunteers; coöperation with Hawthorne Club begun
1906	26,675.36	13,325	16 + 1 for 4 months 2 for 10 1/2 months 2 for 2 months 1 for 5 months 1 for 11 months 1 for 7 months 1 for 9 months	First tuberculosis nurse on duty for whole year; second for 4 months; 5 nurses on duty in public schools for part of year; third obstetric nurse put on again and a fourth for 7 months and given up; assistant superintendent given up in October; Training School for District Nursing opened in October with 4 pupils under a special superintendent, who took one dispensary district and work at large
1907	27,599.74	11,265	17 + 1 for 4 1/2 months 1 for 7 months 5 for 6 months Average number Training School nurses, 7	Nurse employed for first time in day nurseries; assistant superintendent on for 7 months and given up; 5 school nurses withdrawn after 6 months and work taken over by the city; Brookline nurse withdrawn at end of year; 4 assistant nurses; 5 volunteers; Training School took charge of 2 districts and all work at large; 29 Training School nurses during the year; coöperation with Settlements
1908	26,769.05	10,237	15 + 1 for 1 1/2 months 1 for 9 months 1 for 6 months 1 for 6 months 1 for 4 months Average number Training School nurses, 9 1/2	"Nurse at large" and fourth obstetrical nurse added; assistant superintendent again on duty in August; Dorchester and second tuberculosis nurses withdrawn during year; first tuberculosis nurse withdrawn at end of year; a factory inspected for first time; 6 volunteers; 4 assistant nurses; 38 Training School nurses during the year; 11 nurses took part of course; assistant superintendent added to their staff; nurses on duty at 3 milk stations; 24 managers
				The "number of patients" represents those who have received nursing visits in the homes and does not account for the time of the nurses spent in settlements, dispensaries, clinics, and milk stations



what she accomplishes for the comfort of the patient and how she teaches some one in the house to make things clean and tidy and to care for the patient until her return, one thinks with horror of the hundreds of homes which need the comfort of her visit, but where she is as yet unknown.

Last year we received about \$30,000. To meet the desired aims of the next year we shall need \$10,000 more. May we not hope for this generous support?

GERTRUDE W. PEABODY, *Secretary.*

REPORT OF THE STAFF NURSES
FOR THE YEAR ENDING JANUARY 31, 1909

THE Staff has consisted for the past year of the Superintendent and Assistant Superintendent, eighteen nurses, and four assistant nurses. The "nurse-at-large" and "special nurses" supplement work of regular nurses.

The city is districted as follows by the Boston Dispensary. A dispensary physician has charge of each district, and the nurse for that district receives her orders from him and is responsible to him. Milk station, factory, and Hawthorne Club are independent of the dispensary.

EAST BOSTON. NO. I

Cosmopolitan population. Staff nurse helped daily by assistant nurse, an undergraduate of Massachusetts General Hospital.

Number of patients	709
Number of visits	4,570
Number of visits by Special Nurses.....	11

Nurses on duty every morning for one hour at Modified Milk Station (started May 12, 1908) to give out milk already prepared according to physicians' formulas to sick and well babies.

Number of babies supplied with milk.....	61
--	----

A factory inspected and sick employees visited.

Number of patients	41
Number of visits in the homes.....	83
Number of visits to factory.....	51

Obstetric cases were taken for three months.

Number of patients.....	16
Number of visits	56

NORTH END. NOS. II AND III

"Little Italy." Congested district, so that the nurse is able to visit with the physician and loses very little time in so doing.

Number of patients	387
Number of visits.....	3,749
Number of visits by Special Nurses.....	7
Number of visits by Nurse-at-Large.....	1
Number of days	1
Number of nights.....	1

WEST END. NO. IV

Largely Jewish population, which means complications about food. Special coöperation with Outpatient and Social Service Departments of the Massachusetts General Hospital.

Number of patients	281
Number of visits.....	2,927
Number of visits by Special Nurses	5

SOUTH COVE. NO. V

Largely Irish and American population.

Number of patients	495
Number of visits	4,000
Number of visits by Special Nurses.....	12
Number of nights.....	1

Hawthorne Club inspected. Assisted by volunteers.

Number of patients.....	52
Number of treatments in Club.....	22
Number of visits in the homes.....	221
Number of patients taken to outpatient departments	21

CENTRAL. NO. VI

Largely Irish and Jewish population.

Number of patients.....	480
Number of visits.....	3,680
Number of visits by Special Nurses.....	16
Number of visits by Nurse-at-Large.....	3

SOUTH BOSTON. NOS. VIII AND IX

Irish population and great poverty.

Number of patients.....	477
Number of visits.....	4,706
Number of visits by Special Nurses.....	1
Number of visits by Nurse-at-Large.....	19

SOUTH BOSTON. NOS. X AND XIII

Irish population and area very large.

Number of patients	521
Number of visits.....	4,612
Number of visits by Special Nurses.....	85
Number of visits by Nurse-at-Large.....	73
Number of nights	2

ROXBURY. NOS. XI AND XV

Largely Irish population. Nurse aided daily by assistant nurse, an undergraduate of Massachusetts General Hospital.

Number of patients	314
Number of visits.....	3,448
Number of visits by Special Nurses.....	39
Number of visits by Nurse-at-Large.....	5
Number of days.....	1

ROXBURY NO. XII

Largely Irish population.

Number of patients.....	286
Number of visits.....	3,252
Number of visits by Special Nurses.....	56
Number of visits by Nurse-at-Large.....	3
Number of days.....	3
Number of nights.....	1

TOTAL OF DISPENSARY CASES

Number of men.....	513
Number of women.....	1,387
Number of children.....	2,050
Number of acute medical cases.....	2,888
Number of chronic medical cases.....	543
Number of surgical cases.....	410
Number of tubercular cases.....	83
Number of obstetric cases.....	26

Result of Work

Number discharged well or improved.....	2,456
Number discharged to outpatient departments.....	354
Number discharged to hospitals.....	467
Number discharged by death.....	171
Number discharged for other causes.....	330
Number under care February 1, 1909.....	172

OBSTETRICAL WORK

City divided into four districts by the Lying-in Hospital, under whose doctors the four nurses and two assistant nurses, undergraduates from that hospital, work. Nurse-at-large and special nurses supplement.

South Boston. Staff nurse aided daily by one assistant nurse.

Number of patients.....	416
Number of visits.....	3,665

Number of visits by Special Nurses.....	97
Number of visits by Nurse-at-Large.....	63
Number of preparatory visits.....	27
Number of days.....	1
Number of nights.....	3

South End. Staff nurse aided daily by one assistant nurse.

Number of patients.....	567
Number of visits.....	5,419
Number of visits by Special Nurses.....	103
Number of visits by Nurse-at-Large.....	125
Number of preparatory visits.....	10
Number of days.....	4

North End. Work very heavy.

Number of patients.....	471
Number of visits.....	3,189
Number of visits by Special Nurses.....	177
Number of visits by Nurse-at-Large.....	94
Number of preparatory visits.....	5
Number of days.....	1
Number of nights.....	4

West End. Nine months of service. Great poverty.

Number of patients.....	507
Number of visits.....	2,503
Number of visits by Special Nurses.....	315
Number of visits by Nurse-at-Large.....	171
Number of days.....	3
Number of nights.....	3

TOTAL OF OBSTETRIC WORK

Number of patients (infants, 1,891)	1,931
Number of visits.....	15,921
Number of days	9
Number of nights.....	10

TUBERCULOSIS NURSE I

Worked for the Society for the Relief and Control of Tuberculosis, for preventive and instructive work. Given up January 31, 1909.

Number of patients examined at clinic.....	712
Number of discharged Rutland patients.....	282
Number of visits.....	1,540
Number of letters written.....	318

TUBERCULOSIS NURSE II

Worked for the Boston Dispensary. Given up May 29, 1908.

Number of patients.....	155
Number of visits.....	427
Number of patients interviewed at dispensary....	304

DORCHESTER

Nurse received calls from any physician for their poor cases. Given up July 28, 1908.

Number of patients.....	112
Number of visits.....	1,654
Number of patients treated at Dorchester Free Dispensary	479
Number of operations at Dorchester Free Dispensary	13

NURSERY NURSE

Inspects children of the Roxbury Neighborhood House, Ruggles Street Neighborhood House, Cottage Place Schoolhouse, North Bennet Street Industrial School, Social Service House.

She plans her time so as to visit sometimes the homes in the evenings, and is greatly aided by the volunteers.

Number of patients treated.....	217
Number of children examined, no treatment needed	3,186
Number of visits in the homes.....	1,681
Number of treatments in the nurseries.....	2,356
Number of patients taken to outpatient departments	280
Number of talks.....	35

CHELSEA

For two months, at the time of the fire, work was taken.

Number of patients treated at dispensary.....	317
Number of patients visited in the homes.....	204

An average of four visits was made to each patient.

RECEIPTS FROM PATIENTS, \$276.94.

Talks by the Superintendent have been given at Dorchester; Taunton; Miss Wheelock's Kindergarten, Boston; Somerville Kindergarten; Framingham Training School; Massachusetts Dental and Oral Association,

Boston; Twentieth Century Club, Boston; Arlington Street Church, Boston; and Stoughton.

Respectfully submitted,

MARTHA H. STARK,

District Superintendent.

REPORT OF THE TRAINING SCHOOL

FOR THE YEAR ENDING JANUARY 31, 1909

A Superintendent and, since October 22, an Assistant Superintendent have charge of the nurses of the school.

Average number of nurses in attendance, 9 5/6. School course is three months.

Number of nurses who have taken partial course....	11
Number of nurses graduated.....	20
Number of nurses at present in the school.....	9

Twelve nurses, having graduated, have received appointments through the school as follows:

Miss Alice E. Russell, diploma from Lawrence General Hospital, in charge district nursing, Chelsea.

Miss Maud H. Davis, diploma from Montreal General Hospital, in charge district nursing, Arlington.

Mrs. Annie M. Norris, diploma from Polyclinic Hospital, New York City, in charge district nursing, Danvers.

Miss Grace A. Stiles, diploma from Samaritan Hospital, Troy, N. Y., in charge district nursing, Flint, Mich.

Miss Janey E. Little, diploma from Emerson Hospital, Brookline, in charge district nursing, Norwood.

Miss Minnie M. Gribble, diploma from Samaritan Hospital, Troy, N. Y., in charge district nursing, Troy, N. Y.

Miss Katharine M. Walsh, diploma from Lawrence General Hospital, in charge district nursing, Lowell.

Miss Eudocia Higley, diploma from Samaritan Hospital, Troy, N. Y., in charge district nursing, Lawrence.

Miss Margaret Newman, diploma from Elliot Hospital, Keene, N. H., in charge district nursing, Stoughton.

Miss Martha J. Stewart, diploma from Samaritan Hospital, Troy, N. Y., Assistant Superintendent Instructive District Nursing Association Training School, Boston.

Miss Martha P. Parker, diploma from Massachusetts General Hospital, Superintendent Instructive District Nursing Association Training School, Boston.

Miss Ellen L. Vogle, diploma from Boston City Hospital, in charge of district nursing, Gloversville, N. Y.

Training School nurses care for two dispensary districts, working under and responsible to dispensary physicians.

CHARLESTOWN

Cosmopolitan population. Two nurses always on duty.

Number of patients.....	680
Number of nursing visits.....	4,806
Number of observation visits.....	1,485
Special nurse, days.....	1
Special nurse, nights.....	1

Milk station was opened in August, and nurse is on duty daily to give out the milk, which has been delivered there, modified according to physicians' formulas.

Number of babies supplied with milk.....	50
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SOUTH END. NO. VII

Jewish, Irish, and Italian population.

Number of patients.....	431
Number of nursing visits.....	4,369
Number of observation visits.....	1,742

WORK AT LARGE

The school supplies nurses at the request of physicians to any part of the city, or at the request of friends, provided a physician has charge of the case.

Number of patients.....	525
Number of nursing visits.....	7,949
Number of observation visits.....	714
Special nurses, days	19
Special nurses, nights.....	50
Number different physicians making application...	181

TOTAL

Number of men	213
Number of women.....	897
Number of children.....	526
Number of medical cases.....	1,226
Number of surgical cases.....	204
Number of tubercular cases.....	10
Number of obstetric cases.....	196

RESULT

Discharged well or improved.....	1,083
Discharged to outpatient departments.....	3
Discharged to hospitals	180

Discharged by death.....	96
Discharged by other causes.....	177
Still under care.....	97

LINCOLN HOUSE SETTLEMENT

One nurse on duty one-half day daily.

Hours in the Lincoln House Dispensary.....	428
Number of patients visited in homes.....	70
Number of home visits.....	1,077

Milk station opened in November, with nurse on duty.

Number of babies supplied with milk.....	30
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ELIZABETH PEABODY HOUSE

Nurse substituted for five weeks, during absence of regular nurse.

Hours on duty	160
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ROXBURY HOMEOPATHIC DISPENSARY

One nurse works daily with the dispensary.

Hours at the dispensary.....	150
Number of dispensary patients visited in the homes,	150
Number of nursing visits.....	2,003
Number of observation visits	186

TOTAL

Number of men.....	10
Number of women	97
Number of children	43
Number of medical cases.....	52
Number of surgical cases.....	44
Number of tubercular cases.....	4
Number of obstetric cases.....	50

RESULT

Discharged well or improved.....	105
Discharged to institutions.....	15
Discharged by death.....	8
Discharged by other causes.....	17
Still under care	5

Receipts from patients (from work at large, \$967.10), \$1,192.74.

Talks by the Superintendent have been given to the following:

Four to Mothers' Club, Lincoln House, Boston.
Graduating Class, Somerville Hospital, Somerville.
Nurses' Alumnae of the Children's Hospital, Boston.
Sewing Club of Old South Church, Boston.
Girls' Friendly Society, St. Paul's Church, Boston.
Women's Meeting, Congregational church, Columbus Avenue, Boston.
Grace Church Mothers' Meeting, South Boston.
Visiting Nurse Association, Canton.
Bulfinch Place Chapel, Boston.
Kindergarten Mothers, Waltham.
Sandwich, N. H.; Women of Baptist Church, Danvers; Women's League,
Winthrop; Men and Women's League, Millbury—for the purpose of
organizing district nursing work.

Respectfully submitted,

MARTHA P. PARKER,

Superintendent of Training School.

TREASURER'S REPORT

IN presenting the Treasurer's annual report for the year ending January 31, 1909, I wish to thank the Board of Managers of the Association and the contributors to its funds for the most gratifying results to the appeals made for money.

During the year \$5,000 has been received as an addition to the invested funds.

The general expenses of the Association for the past year were \$26,769.05.

The receipts were \$30,162.02, an increase of \$5,334.59. This includes \$1,656.71 received from paying patients.

\$1,656.54 was returned to the House Fund, being the amount borrowed last year to make up a deficit. The House Fund has increased \$165.93, the interest on the bank deposit, and now amounts to \$7,896.32.

In December two friends of the Association very generously gave \$900 each. This is supporting two nurses for a year, and practically accounts for the balance of cash on hand. A deficit was prevented only by careful planning on the part of the Managers and by the generous gifts of the friends of the Association.

For relief work at the Chelsea fire \$459.61 was received and expended.

\$85.30 was received for the Comfort Fund, of which \$73.13 was used to buy special comforts for patients.

The Board of Managers are planning to increase the work of all the departments, and hope very much to have \$40,000 at their disposal during the coming year. The organization of the Association is such that it can do this additional work, and is limited only by its funds.

STATEMENT OF RECEIPTS AND EXPENDITURES
FOR THE YEAR ENDING JANUARY 31, 1909

Capital

Received from Mrs. W. S. Fitz for account of General Funds	\$5,000.00
Paid for \$5,000 Seattle Electric Co. Bonds	\$5,000.00

House Fund

Received interest on Bank Deposit	\$ 165.93
Loan to Income repaid	1,656.54
		—————
Balance from last account	\$1,822.47
Cash in City Trust Co.	6,073.85
		—————
		\$7,896.32
		—————

Income

Received as follows:

Dividends on Stocks	\$ 217.00
Interest on Bonds	2,590.00
Interest on Mortgage	135.00
Interest on Bank Deposit	88.09
		—————
		\$3,030.09
Donations	\$21,484.37
Annual Subscriptions	3,233.00
Care of Patients	1,656.71
Board of Nurses	678.86
Sundry Items	78.99
		—————
		27,131.93
Balance from last account	5.63
		—————
		\$30,167.65

Mrs. Arthur T. Lyman Fund

Received for above Fund	\$ 275.00
Balance from last account	244.60
		—————
		519.60

Comfort Fund

Received for above Fund	\$ 85.30
Balance from last account	46.71
		—————
		132.01

Chelsea Fund

Received for above Fund	459.61
		—————
		\$31,278.87

February 1, 1909, Balance of Cash to New Account in

Old Boston Nat'l Bank \$2,171.39

Balance of Cash to New Account in hands of Agent 33.87

————— \$ 2,205.26

STATEMENT OF RECEIPTS AND EXPENDITURES
FOR THE YEAR ENDING JANUARY 31, 1909

Income

Paid Salary to Superintendent of Nurses . . .	\$1,200.00
Paid Salary to Superintendent of Training School	1,183.33
Paid Salaries to Regular Nurses	12,902.12
Paid Salaries to Special Nurses	392.82
	<u>\$15,678.27</u>
Paid Incidental Expenses of Superintendents and Nurses, including car fares	2,080.10
Paid Incidental Expenses of Assistant Nurses from Boston Lying-in Hospital	\$ 283.65
Paid Incidental Expenses of Assistant Nurses from Massachusetts General Hospital . .	368.23
	<u>651.88</u>
Paid from Mrs. Arthur T. Lyman Fund for care of Special Cases	\$ 127.69
Paid from Mrs. Arthur T. Lyman Fund for care of Sick Nurses	125.33
	<u>253.02</u>
Paid Salaries of Agent and her Assistant	1,382.69
	<u>\$20,045.96</u>
Paid House Expenses, No. 561 Massachusetts Avenue:	
Rent	\$ 999.96
Household Supplies	201.15
Running Expenses	3,473.77
	<u>4,674.88</u>
Paid for Supplies for Nurses	\$ 855.98
Paid for Annual Reports and Postage	334.64
Paid for Stationery, Printing, and Postage . .	281.78
Paid for Telephone	151.00
Paid for Card System and Supplies, Library Bureau	165.31
Paid for Rent of Room, No. 25 W. 2d St., So. Boston	52.00
Paid for Sundry Items	207.50
	<u>2,048.21</u>
Paid from Comfort Fund	73.13
Paid from Chelsea Fund	459.61
Paid Loan from House Fund	1,656.54
Paid accr'd. int. and premium on \$5,000 Seattle Electric Co. Bonds, bought	115.28
	<u>\$29,073.61</u>
Balance of Cash in Old Boston Nat'l Bank belonging to Income	\$1,853.01
Balance of Cash in Old Boston Nat'l Bank belonging to Mrs. A. T. Lyman Fund	266.58
Balance of Cash in Old Boston Nat'l Bank belonging to Comfort Fund	51.80
	<u>2,171.39</u>
Balance of Cash in hands of Agent belonging to Income, \$.	26.79
Do. in hands of Agent belonging to Comfort Fund . .	7.08
	<u>33.87</u>
	<u>\$31,278.87</u>

INVESTMENTS

JANUARY 31, 1909

Permanent Funds

Deposit Franklin Savings Bank	\$ 182.23
\$14,000 Amer. Tel. & Tel. Co. Bonds, 4%	13,617.50
15,000 Chi., Bur. & Quincy R.R. Bonds, Neb. Extn., 4%	14,427.75
1,000 Chi. Jct. Rys. & U. Stk. Yds. Co. Bonds, 5%	991.25
3,000 Illinois Steel Co. Bonds, 1910, 5%	2,991.25
4,000 Illinois Steel Co. Bonds, 1913, 5%	4,049.00
1,000 Lake Shr. & Mich. So. R.R. Bonds, 4%	1,006.25
5,000 N. Y., N. H. & Htd. R.R. Bonds, 4%	5,075.00
6,000 Nor. Pac. Gt. N'th'n Joint Bonds, 4%	5,562.50
3,000 Eliz. D. Bacall, Mortgage, 4½%	3,000.00
31 shares Chi. & Northwestern R.R.	5,577.37
		\$56,480.10

General Funds

\$4,000 Amer. Tel. & Tel. Co. Bonds, 4%	\$3,962.50
2,000 Illinois Steel Co. Bonds, 1910, 5%	1,940.00
1,000 Illinois Steel Co. Bonds, 1913, 5%	1,012.25
2,000 Lake Shr. & Mich. So. R.R. Bonds, 4%	2,007.50
2,000 N. Y. Cent. & Hud. Riv. R.R. Bonds, 3½%	1,960.00
5,000 Seattle Electric Co. Bonds, 5%	5,000.00
		15,882.25

Cash in City Trust Co. belonging to House Fund	7,896.32
Cash in Old Boston Nat'l Bank belonging to Income	\$1,853.01
Cash in Old Boston Nat'l Bank belonging to Mrs. A. T.		
Lyman Fund	266.58
Cash in Old Boston Nat'l Bank belonging to Comfort		
Fund	51.80
		2,171.39
Cash in hands of Agent belonging to Income	\$ 26.79
Cash in hands of Agent belonging to Comfort Fund	7.08
		33.87
		\$82,463.93

The following special bequests are included in the
Permanent Funds, viz.:

Sarah Upham Fund	\$24,000.00
Robert Charles Billings Fund	2,500.00
Abbie C. Howes Fund	9,980.01

E. & O. E.

Boston, January 31, 1909

INGERSOLL BOWDITCH, *Treasurer.*

AUDITOR'S CERTIFICATE

28 State Street, Boston, February 23, 1909.

INGERSOLL BOWDITCH, Esq., *Treasurer.*

DEAR SIR: In accordance with your desire, I have made an examination of your books and accounting affairs as Treasurer of THE INSTRUCTIVE DISTRICT NURSING ASSOCIATION for the year ending January 31, 1909, and have the honor to report to you as follows:

REPORT

The audit comprised the thorough revision of the clerical work performed, such as the verification of additions, postings, etc., of the books which deal with the income and outgo of moneys. All vouchers of disbursement were examined, checked, and stamped, and were found to completely sustain the record of expenditures. I proved the correctness of the amount of money on deposit in banks February 1, 1909, which was that required by the cash book. I reviewed all postings from the cash book to the journal and from the journal to the ledger, and finally traced all results into the closing balance sheet, which is correct, and a true statement of the condition of the Association at that time, to the best of my knowledge and belief. I examined also the securities owned by the Association, finding them in all details in accordance with the requirements of the records, and have seen that the income from these has been properly accounted for upon the books. The books are being kept in a commendable manner.

Yours very respectfully,

ANDREW STEWART,

Examiner of Accounts.

REPORT OF THE SUPPLY COMMITTEE

THE Supply Committee gratefully acknowledges to the following contributors the generous gifts of articles for the sick room: blankets, sheets, pillowcases, dressings, bandages, towels, old cotton and linen, paper bags, paper napkins, new and partly worn clothing, infants' clothing, boot orders, bottles, baby carriages, wheel chair; flowers and lemonade for the nurses; groceries, flowers, fruit, jellies, eggs, Thanksgiving and Christmas baskets for the patients; tickets for car, carriage, and harbor rides; toys, subscriptions to magazines and daily paper, books, plants, flowers, etc.

Almy, Mrs. Edward	Cordner, Miss
Baldwin, Miss	Covel, Mrs. A. S.
Baldwin, Mrs.	Cummings, Mrs. Charles A.
Bartlett, Miss	Cushman, Mrs. J. A.
Bartlett, Miss Fannie	Dana, Miss
Baylies, Mrs. Walter C.	Darling, Mrs. C. P.
Benevolent Society of Harvard Street Church	Davis, Miss E. W.
Blake, Mrs. S. P.	Davis, Mrs.
Boardman, Miss E. D.	Debuchy, Mrs. A.
Board of Health	Denny, Miss
Boston Fruit and Flower Mission	Derby, Mrs. George S.
Boston Young Men's Christian Union	Donald, Mrs. William A.
Bowditch, Mrs. Charles P.	Dwight, Mrs. James
Bowditch, Miss Charlotte	Edes, Mrs. Henry H.
Bowditch, Mrs. Ingersoll	Edwards, Miss A.
Bradford, M. E.	Edwards, Mrs. J. C.
Brainard, Miss M.	Emerson, Mrs. E. W.
Bullock, Mrs. S. J.	Emerson & Brando
Carpenter, Mrs. F. B.	Emmanuel Guild
Cary, Miss G. S.	Estey, Mrs.
Channing Circle, Arlington Street Church	Fales, Mrs. H. E.
Church, Miss Helen	Farlow, Mrs. W. G.
Clark, Miss	Fields, Mrs. James T.
Coburn, Mrs. Charles F.	Fogarty, Mary J.
Codman, Mrs. E. A.	Fowler, Miss
Colgate & Company	Francis, Mrs. G. Tappan
Conell, Mrs. H. A.	Freeman, Mrs. James G.
	Friends
	Gardner, Mrs. M. L.
	George, Mrs. A. J.

Goodwin, Mrs. L. S.
 Gordon, Mrs. Charles
 Gordon, Mrs. George A.
 Hale, Mrs. W. F.
 Hale, Miss
 Hatch, Mrs. G. E.
 Haven, Miss Mary
 Hayes, Mrs. William Allen
 Hazeltine, Miss Harriet S.
 Hebrew Women's Sewing Society
 Higginson, Miss E. C.
 Hill, Mrs. A. S.
 Homans, Mrs. J.
 Horlick's Malted Milk Company
 Howe, Mrs. J. S.
 Howes, Miss
 Hudson, Miss A. B.
 Iasigi, Miss
 I. H. N. Club
 Jeffries, Mrs. W. A.
 Jewell, Miss Edith
 Johnson, Mrs. J.
 Jordan, Miss Helen L.
 Kershaw, Mrs. F. S.
 Kittredge, Mrs. Joseph
 Lane, Mrs. William C.
 Lend-a-Hand Club
 Lovett, Mrs. A. S.
 Lowell, Miss Lucy
 Macleod, Miss C.
 Mann, Miss M. J.
 Mann, Mrs. William E.
 Mayflower Club
 Minot, Miss Mary
 Monks, Mrs. F. H.
 Motley, Mrs. E. P.
 Needlework Guild
 Norcross, Miss C. I.
 Norcross, Mrs. Otis
 Norris, Mrs.
 Old South Guild
 *Osgood, Mrs. J. F.
 Payson, Mrs. J. F.
 Peabody, Mrs. F. G.
 Philler, Mrs. George
 Pickett, Mrs. C. C.
 Plympton, Miss
 Porter, Miss Rosamond
 Pratt, Miss
 Procter, Miss H.
 Putnam, Mrs. George F.
 Reed, Mrs. P. H.
 Ripley, H. D.
 Ritchie, Mrs. John
 Sargent, Mrs. Francis W.
 Shedd, Mrs. C. A.
 Smith, Mrs. W. M.
 Sohier, The Misses
 State Flower Mission
 Sunshine Club
 Tappan, Mrs. F. H.
 Temple Israel Sewing Guild
 Tuesday Morning Sewing Circle
 Tumble, Mrs.
 Walker, Mrs. Grant
 Ward, Miss A. S.
 Wednesday Morning Club
 Welch, Miss Belle L.
 White, Mrs. Charles
 White, Mrs. H. K.
 Whitney, Mrs. William
 Williams, S. S. C.
 Wylde, Mrs. John

The following articles have been loaned to patients:

Bedspreads	2	Nightshirts	7
Blankets	1	Breast bandages	21
Sheets	97	Swathes	1
Pillowcases	70	Diapers	42
Nightgowns (women) . . .	58	Rubber sheets	10
Nightgowns (children) . . .	31	Rubber air rings	19

* Deceased.

Bed pans	51	Irrigation outfit	1
Urinals	10	Funnel	1
Douche pans	2	Rectal tubes	1
Fountain syringes	13	Bed rests	6
Ear syringes	2	Baby carriages	5
Glass syringes	1	Wheel chairs	4
Pus basins	4	Reclining chairs	1
Sputum cups	4	Crutches	3
Catheters	3	Baby clothes	9
Feeding cups	1	Cresolene lamp	1
Ice caps	71		
Hot water bags	16		—
Rubber gloves	3	Total	572

Our committee would be very grateful for contributions of old cotton and linen, of which great quantities are used; also for baby clothes and nightgowns. The COMFORT FUND provides fruit, ice, and delicacies for the destitute cases, especially during the oppressive summer heat, when the sufferings of the sick poor are doubled. Contributions toward it will be very gratefully received.

Respectfully submitted,

MARY E. BATCHELDER, *Chairman.*



Patient absolutely helpless with chronic rheumatism. Visited daily for four years. Lifted out of bed and bathed with alcohol to prevent bedsore.



Factory nurse has a room in the factory fitted up for her, where she inspects employees and does minor dressings.



Patient bedridden with diabetes. Six children, and wife busy keeping a little store. Nurse visits twice daily.



Child with tubercular hip. Mother will not allow it to go to hospital. Child on a frame and attended daily by nurse.

ANNUAL MEETING

THE Annual Meeting was held on Wednesday, February 24, at 3 P.M., at the Hotel Vendome. The Treasurer and Secretary presented their reports for the year. Addresses were given by Rabbi Charles Fleischer and Dr. David Townsend.

The following reports were read by the two nurses.

A DAY OF A PUPIL NURSE

BY

A NURSE OF THE TRAINING SCHOOL

I WILL try to draw a picture of the work of the pupils in the post-graduate course given by the Instructive District Nursing Association.

After having graduated from a general hospital, and after doing institutional or private nursing, or both, the nurse realizes that there is a broader sphere. She finds that there is a class of people who suffer whom the hospitals are unable to reach; a person is needed who reaches the home, to come in contact with the heart of people, to take a part of the family burdens. There is poverty, which makes them helpless, and they require moral support of a positive nature to aid them. Our hospital work sometimes detaches one from the charitable side of life. One performs one's duties in a perfunctory way.

But the district nurse recognizes that she has a responsibility beyond the mechanical care of the patients' bodies; that she is dealing with humanity in all its phases, from the most debased types to the most exalted. We find combined with this family problems which often only experts can solve. We learn that there is a training which will teach us to meet these difficulties, and we enter the new field.

We are pupils representing various hospitals from different parts of the country, and we find this a mutual help. The present

class represents not only graduates of hospitals from the New England States, but also New York, Pennsylvania, and Ohio. We have gathered here for one common purpose, that of becoming efficient in this phase of nursing, or visiting nursing as it is commonly called; to help not only the poor, but those in better circumstances, who need not only nursing but kindly influence which will reach to their deeper selves.

Our home life is very beautiful. A well-equipped library gives us much pleasure, there being a great variety of books, nursing journals, and other works bearing on our work; also works of fiction, which prove a rest and recreation.

In addition to the care of our patients, mothers are visited and instructed to care for their infants. They are shown how to cleanse and keep sweet and clean the nursing bottles. The necessity of regular feedings and a limited time for each feeding is impressed upon the mothers, also the need of warm, loose clothing, fresh air, and sunlight. The more delicate of these infants are visited at regular intervals. The food for our little ones is the next consideration. Whiting and Son have a prepared food of three different formulæ. There is an increase of fat, sugar, and proteid in each successive formula to suit the digestion of the infant as it ages. This enables the mother whose child may be suffering from malnutrition, or, as is more common, who has *no* knowledge of preparing food for the child, to have a given food according to a doctor's orders, all prepared.

The district nurses not only coöperate with establishing milk stations, but have themselves influenced these important relief agencies. After leaving the home, at 8 A.M., the nurse arrives at the milk station at about 8.15, where the milk is delivered. She meets the mothers and gives out the milk as the doctor has previously ordered. It is really wonderful to watch these emaciated little individuals thrive on the milk. Leaving the milk station I go to my first case, a new patient, a poor woman who did not seem very ill, but most uncomfortable from lack of bathing, and dirty and tumbled bed, damp and soiled gown—a woman who, when well, keeps herself scrupulously clean. She had called the district physician and had obtained medicine from the dispensary. Most grateful was she for the bed bath, alcohol rub, the clean gown, the fresh sheets; she had them all, but had not

been able to put them on. She said, when I had finished with her tangled hair, "How good to get it combed!" A cup of broth I put to heat on the stove while busy with these duties, and after giving the patient nourishment I then turned aside to replace my coat. When settling back into her pillows for a peaceful sleep after I had gone, she said: "I am so comfortable. Do you nurses choose this vocation for yourself?"

My next call takes me to L—— Avenue, where I find a new mother alone, the baby a few hours old. She had learned from a previous mother (a charge of a district nurse) the necessities, consequently everything was in readiness for me. The room was clean, warm, and orderly. The infant's clothes were all neatly folded and placed in a bureau drawer. A change for the infant I placed on a chair near the stove. A change of bed linen, towels, binder, and gown I found in the next drawer. I take patient's temperature and pulse, give sponge bath, comb hair, change bed linen and clothing, ask necessary questions about nourishment, sleep, appetite, etc. I make some gruel and give it to her, then proceed with my little patient. A sponge bath is given to the baby; the eyes and mouth receive careful attention and are washed with boracic solution; the cord is dressed. The baby is then clothed and placed beside the mother. I leave a solution for the mother to bathe her nipples, and give instructions to be carried out during my absence. Leaving my patient clean and comfortable, I go to my next case. This is a young girl living in a comfortable home, but sleeping in a small room with two beds, she occupying one, mother and younger sister the other. She was using handkerchiefs to expectorate in and having them laundered. I told her of the paper napkins and bags, then burning them. I left her some, as I had them in my bag. She quickly appreciated their value and seemed so pleased with them. I spoke to the mother of separate dishes, or better still boiling her dishes for one-half hour immediately after removing them from the room. This would prevent any germs remaining on the cup, as the former way might do. I persuaded the mother to put the girl in a larger room by herself and keep the windows open. This being a case of tuberculosis, I referred the case to the tubercular nurse.

My next case takes me to a new home on a new street. I learn

from the Directory that the street is near by. I wend my way hurriedly along and find it to be very dark, dirty, and narrow. The name is marked in chalk on a small periodical store which stands at one corner at the entrance of this alley. I find many keen-eyed urchins, who explain as I pass, "Here goes our free nurse," and others say, "Here comes the missionary lady." The number is my next puzzle. The majority of the numbers being lost from these houses, I search for a house with an odd number, as it is an odd number I wish to find. Then counting each door by twos I find the house intended for the number, but like most houses on this street it has no number. I inquire for my patient; she is not known. Knowing from experience that by asking one of these keen-eyed children I am almost sure to find the person, I turn back to my little friends. In a short time I am directed to a very poor house in the rear, hardly perceptible from the street. I am told I will find my patient on the fourth floor. I enter a dark entry and climb three long, dark flights of stairs; at the top a door opens, and a sweet little fellow of about eight years welcomes me. This apparently is the little nurse. I find here poverty in every detail. The kitchen is filled with everything; there is hardly room to move about: sewing machine, tables, the remaining parts of a couch and easy chair, baby carriage—filled with everything but the baby! The baby of seven months was upon the floor with the older children. I passed through the kitchen to the next entrance, which is a bedroom. The blinds are closed, windows frozen at both top and bottom. With much difficulty I raised the windows and opened the blinds to let in the sunlight. And such a story as the sunlight told! A bedstead on which was a mattress, feather bed, and pillows, no sheets or pillowcases, and almost no clothing. Imbedded in the feather bed was the mother. This mother had been working, doing such work as she could get to do—washing, scrubbing, etc.—trying to keep her little family. She had taken cold and called us to care for her. Too frequently we find the patient, perhaps a father or mother, the support of a large family. Such a person feels he cannot rest during illness. He feels compelled to work, whether well or ill. Oftentimes they cannot afford to buy proper food. If they remain quiet bodily there is always a *mental* anxiety of getting bread. There is often a total

lack of comfortable bedding and household supplies, and no proper clothing, and almost always overcrowded rooms in which to live.

To aid in a case of this kind, the district nurse can loan sheets, nightgowns, necessary articles, give a diet slip, and carefully care for the patient from day to day, until soon he may be able to resume his duties.

The morning being well spent, I return to our home, 561 Massachusetts Avenue, where lunch is served at one. After lunch the report of the morning is given to our Superintendent, problems discussed, etc. Having a case of tuberculosis the doctor advised sending to the hospital, I communicate with Burroughs Place; or I may have a babe I wish to place at the Massachusetts Infant Asylum. A record of each patient is kept in card catalogue form. Each visit and treatment is recorded daily on the patient's card. At quarter of three we put our bags in order, and are out again at three. The afternoon is spent in making observation visits and calls on patients who need daily dressings for varicose ulcers, etc.

There are paralytics, where day after day their beds are found in terrible condition, and the relief given the patient is of great value. Some one has said that sympathy is the "pearl of great price in the nurse," and surely we have grown to feel that it is. My last call each day is to visit a paralytic, a poor woman who has been ill for four years. For many months a district nurse has visited her daily to give her general nursing care. The means of support of this patient is a sister, who earns very small wages, and leaves her alone nearly all day. It seems such a pleasure to this poor individual to have us enter at this time to make her ready to receive her sister. Although alone and only able to lie in the position placed, we are always greeted with a smile.

I think that each nurse as the course is completed feels that her horizon has been broadened, and that she can say in the words of Portia:

"The quality of mercy is not strained;
It droppeth as the gentle rain from heaven
Upon the place beneath. It is twice blessed:
It blesseth him that gives and him that takes."

A DAY ON THE DISTRICT

BY

THE THERESA H. BLAKE NURSE

THE district of which I have had charge for the past two years and a half is the Roxbury Crossing District No. 12. The territory covered, I think, is the largest of any in the Association, extending out as far as the Brookline-Jamaica Plain boundary lines, Warren Street being the dividing line between Districts 12 and 15. Daily at 8.30, Sundays excepted, I report at my call station, which is at Cramer's Drug Store, 1212 Columbus Avenue. At this store the sick poor know they can get a free doctor, so long as they leave their name and address at the store before nine o'clock. So at 8.30 the day's work is begun. First the bag must be made orderly, supplies replenished, and bottles filled. This done, the daily visiting book must be examined, new cases added, discharged cases marked off, and dates recorded. In this book is kept a record of every case taken on the district, and it is left at the call station in order that Miss Stark, Superintendent of nurses, or her assistant, or any of the Board of Managers, may at any time visit the cases on hand, to inspect, criticise, or advise. At this time also I can communicate with Miss Stark and the assistant nurse, whom I am obliged to have when the district is heavy.

Often at this time patients come to me for advice—a mother, perhaps, with a small baby in her arms; the baby cries a great deal, does not sleep at night, and has a cough. Is the baby really sick, or is he just cross? Shall she go to the dispensary, or will the doctor come to the house? Such questions and many others have to be answered and advice given, for many times things so clear to us seem quite beyond them. Or again, a child may be waiting, having come early for fear of missing me. Mother sent her down to ask if I could please get a pair of shoes for Willie. He has none and cannot go to school. I tell her I cannot promise, but I will try. And many times I am aided by the kindness of

The Modified Milk Station at East Boston. Children call for the bottles and pay two cents a bottle. Nurse on duty daily, and is often consulted about the babies' condition.





The nursery nurse at a kindergarten and nursery inspecting the children and doing the minor dressings.

the managers of District 12 to secure shoe orders for the patients, and they are always greatly appreciated, I assure you.

By this time it is nearly nine, the time appointed by the district physician to meet me. A report is then made of the new cases given me the day before, old cases discussed and treatment changed, new orders taken, etc. Agreeing to communicate by telephone with the physician in his office hours for further orders or new cases, we are ready for our day's travel.

The first case I will take you to is a very sick patient—for we always see the sickest patients first—mother of five little children, the youngest of whom huddle together trying to keep out of the way, their little faces showing very plainly who it is that is stricken, for they are very dirty except for the small streaks where tears have furrowed their way through the grime. Mary, a child of eight, realizing her responsibility, volunteers her services. The family is slightly known to me because just a week ago Mary had a very serious ear trouble, which leaves her for the present quite deaf. It was taking Mary to the dispensary that Mrs. M., not by any means a robust person, caught cold which resulted in pneumonia, one whole side being affected. For three days I have been visiting the case twice daily, the patient in the meantime growing worse. She refused the hospital, and for three days the husband claimed to be looking for a friend who would come and stay at the house, but his efforts must have been in vain. He was not even at home a greater part of the time. This morning I find her much worse. After taking temperature, pulse, and respiration, and recording same on chart, I give her a cold sponge, make the bed with what clean linen I can find with Mary's aid, comb the patient's hair, and give her some nourishment, also administering medicine which I find due. I then take a large soap box which had been brought in for kindling, and turning it on its end tacked on some newspaper, and here I have a small bedside table which is more convenient than a chair. While in the house I notice that the windows have rattled a great deal, causing the patient considerable uneasiness; so I take a small piece of wood—a burnt match or two—and, after lowering the window from the top for ventilation, insert it between the windows. The noise ceases, giving the patient a great deal of comfort, because, as you know, patients suffering

from pneumonia are extremely nervous and restless. Cautioning the patient to sleep, if possible, and not to worry, and asking the children to be quiet, we will leave them until afternoon. But something must be done. The patient should have constant skilled care. The Association has a small fund for special nurses for just such cases, so I send in my plea and the need is supplied. But in spite of all our efforts the patient died. Then came the after care of the children, the seeing that they were properly provided for. A sister came forward in the time of need and offered to help. I laid special emphasis on the fact that "Mary" must be taken to the dispensary. Then, of course, there were instructions given as to the carbolizing of the mattress, boiling of bedclothes and blankets. Let me say here, that in cases of death from tuberculosis or where unhygienic conditions exist the Board of Health is always notified. This arranged for we will go to our next case.

This is "where one of the least of these" is ill with bronchial pneumonia, a little curly-headed fellow of two. After taking and recording temperature, pulse, and respiration, I find that during the night there has been a fall of the temperature, and the worst is over with. The mother, who has been forced to do washing to help the income of the family, is greatly relieved, but she says, "I felt sure that he would be all right, because he fell out a three-story window last summer and was not even hurt," and *twice* saved he *must* be intended for wonderful things in this world. I instruct her to keep him quiet and warm, be sure to give the medicine regularly, telling her I will call again in the evening to see if all is well.

Mrs. W., our next case, is a dear old lady living alone, and here you had better follow me closely, because the stairs are very dark, narrow, and rickety. This poor soul, while crossing the street, was knocked down and run over by a team, receiving a fractured hip, broken rib, and severe bruises. She was taken to the City Hospital, and there stayed for many weeks, but finally her bed was needed for more acute cases. She was given a pair of crutches and carried up to her attic home. But she could not move in her bed. We were sent for, and now twice daily she is visited. The case being one that requires a great deal of time, more than I could give, I ask Miss Stark for an assistant. This

morning the fire has to be started and some nourishment given, the assistant nurse calling later to make the bed, bathe the patient, rub the poor lame back and hip with alcohol, also preparing a more extensive meal than I had time to give. Oftentimes it is necessary to go to the store for a little steak, oysters, or something to tempt the appetite, and in such extreme cases as this there is what is known as the Comfort Fund, from which can be drawn limited amounts for delicacies. The first day I visited the patient I reported the case to the Overseers of the Poor, who gave her aid almost immediately.

Our next visit will be to a tiny infant of five months who has been deprived of its natural diet, and so modified milk is resorted to. Before calling the doctor the mother had tried several home modifications, such as crackers and milk, potatoes, and condensed milk, but not finding this effective she was convinced that perhaps medical advice might not be amiss. The doctor prescribed a formula, then I tried to teach her that clean bottles, nipples, and jars are most essential for a healthy baby, also fresh air and daily morning bathing; but this is one of the hardest tasks I have to do. Everything has to be told and demonstrated over and over again.

A little farther up the street we call on an old friend. For months past the patient has suffered from varicose ulcers, and daily the dressing is changed, because in so doing there is a little relief from the pain. The patient cannot take the needed rest so essential in a case of this kind, because she is left a widow and provides for the needs of five children by cleaning cars.

At noon, time is allowed for lunch, after which one is greatly refreshed and can start forth with a new spirit.

Our next visit is to a deplorable case. On the table the few dishes in use appear to have been used for the last month without the formality of washing, the husband being too old and the one child not bright, and so irresponsible. Soiled clothes are in evidence everywhere. The conditions, though repulsive, are very pathetic, since it is not so much the result of shiftlessness as sheer inability to do otherwise, for the mother is in bed with an incurable disease, having had a severe paralytic shock a few weeks ago. Daily she receives a partial bath, and once a week a whole one, bed and personal linen changed, hair combed, and

room made tidy. On my first visit it was pitiable to see her abject misery over her surroundings, and when attempting to change the linen she protested on the grounds that it would only get dirty again. Just here our loan closet plays a very important part, for it contains sheets, pillowcases, gowns, nightshirts, rubber sheets and rubber ring, and other various articles and utensils needed in the sick room. One might think that plenty of the first named articles could be found in every home, but I have been called to many houses where sheets and pillowcases are unknown, as the color of the mattresses and pillows plainly show. In this case clean bedding has been provided and neighbors induced to interest themselves in the patient's condition. I give a diet order for milk and eggs, and for this charity I am greatly indebted to the Roxbury Diet Mission, supported partly by St. John's Church of Roxbury. Daily as I leave the case I receive my reward, for as I close the door the old gentleman always says, "Good-by and God bless you, my child." This patient has often said she did not mind her suffering quite so much since I had been coming, because there was something to look forward to.

A little girl of three calls our attention next. Due to ignorance and thoughtless neglect on her mother's part, an abscess has formed on the child's neck. The doctor called and opened it in the morning, and asked me to see it again in the afternoon. As this is the first visit, I have to win my way with the little one. After a story, perhaps, or a little coaxing, we are great friends, and she surrenders herself to my care. She is one of nine children, and both parents have to work, that is, when there is work to be found. While visiting this family I noticed a child whose teeth were in deplorable condition. I advised the mother to have them attended to immediately, but she said it would be impossible to take the child to the dispensary; so I notified Miss Stark of the case and she sent one of the volunteer visitors, who took the child to the dispensary. The work of these young women is greatly appreciated.

Our next visit is also a sad one. The mother is ill in bed with advanced tuberculosis. There are four small children old enough to get into mischief, but too young to be of any material aid. The father has recently found employment which calls him

out late at night, so the two oldest girls, aged eleven and thirteen, take advantage of this by romping the streets at a late hour, causing the mother a great deal of anxiety. The case was immediately reported to the Associated Charities, they sending a visitor who not only aided the mother, but also brought good influence to bear on the wayward girls. Daily visits are made on the mother, a sponge bath and alcohol rub given to comfort the patient and prevent bedsore, her hair combed, bed made, and personal linen changed.

Upon the walls nearest the bed I tacked newspapers, for cleanliness and sanitary reasons. We are allowed one dollar per month for charwomen, so occasionally I have a woman come in to wash and clean, when some generous neighbor cannot be found. On my first visit it was necessary to give the woman sheets and pillowcases, the Association preferring to give the articles rather than loan them to a tubercular case. Paper napkins and bags are always given to tubercular patients in which to expectorate, which are afterwards burned, this being the cleanest and safest way of destroying the sputum.

We next visit two pneumonia cases of the morning, taking and recording temperature, pulse, and respiration, and giving "cold sponges" if necessary.

In our daily work we do much that is not actual nursing; there is a possibility that better things may be presented, the moral standard raised, contagion found, illness prevented, and actual lives saved. And so to meet all that is required of us there is the ever studying of the best methods of reaching out to and uplifting the less fortunate, without giving materially in alms, but giving freely of ourselves.

Quoting the words from "The Vision of Sir Launfal":

"Not what we give, but what we share,
For the gift without the giver is bare.
Who giveth himself with his alms feeds three—
Himself, his hungering neighbor, and Me."

MEMBERS OF THE CORPORATION

Extract from the By-Laws. — ARTICLE I. The Corporation of the Instructive District Nursing Association shall consist of the persons named in the Act of Incorporation ; of all persons who have been or at any time shall be members of the Board of Managers ; of the members of the Advisory Board for the time being ; of such persons as shall contribute to the funds of the Association at any one time the sum of one hundred dollars (\$100) or more, each ; and of such other persons as shall be, at any meeting of the Corporation, elected members by ballot — the affirmative vote of two-thirds of those present and voting being necessary for a choice.

Abbé, Mrs. William Alanson	Castle, Mrs. W. R., Jr.
*Adam, Miss Hannah A.	Chandler, Mrs. F. W.
*Adam, Miss Phebe G.	Clark, Mrs. Frederic S.
Allan, Mrs. B. J.	*Coburn, Mrs. G. W.
Amory, Miss Susan C.	Codman, Mrs. Ernest A.
Andrews, Mrs. Judith W.	Collamore, Miss Helen
*Appleton, Mrs. William	Coolidge, Mrs. T. Jefferson, Jr.
Ayer, Mrs. James B.	Coolidge, Mr. J. Randolph
Bailey, Mrs. James A.	Coolidge, Mrs. J. Randolph
Balch, Franklin G., M.D.	Cordner, Miss Elizabeth P.
Bartlett, Miss Fannie	Cummings, Mrs. Charles A.
*Bartlett, Mrs. Matthew	Curtis, Mrs. C. P.
Batchelder, Miss Mary E.	Curtis, Mrs. Greely S., Jr.
Baylies, Mrs. Walter C.	Curtis, Mrs. Horatio G.
Beebe, F. H.	Cutler, Elbridge G., M.D.
Black, Mrs. George N.	Dane, Mrs. Ernest B.
Blake, Miss Marian L.	Debucy, Mrs. Albert
Blake, Robert P.	Denny, Miss Emily G.
Blake, Mrs. S. Parkman	Derby, Mrs. George S.
*Blake, S. Parkman	*Dixwell, Epes S.
*Blake, Miss Theresa H.	Donald, Mrs. William A.
Bowditch, Miss Charlotte	Duryea, Mrs. Herman
Bowditch, Charles P.	*Dwight, Edmund
Bowditch, Ingersoll	Ehrlich, Mrs. Henry
Bowditch, Vincent Y., M.D.	Endicott, William
Bradford, Mrs. Henry	Estabrook, Mr. Arthur F.
*Bradlee, Miss Helen	Fairchild, Mrs. Charles
Brooks, Mrs. Peter C.	Farnsworth, Miss A.
Brooks, Mrs. Shepherd	Fenno, Mrs. L. Cartaret
Brown, Mrs. Howard N.	Fitz, Mrs. Reginald H.
*Cabot, Mrs. Susan B.	Fitz, Mrs. W. S.
Cabot, Mrs. Hugh	Forbes, Henry F.
*Cary, Miss Anne P.	Freeman, Mrs. James G.
Cary, Miss Ellen G.	French, Miss C. L. W.
Cary, Mrs. E. M.	Gay, W. O.
Cary, Miss Georgina S.	*Glover, Joseph B.
*Cary, Mrs. Richard	Goldthwait, Mrs. Joel E.
Case, Mrs. J. B.	Goodwin, Mrs. William H., Jr.
Case, Miss Louisa W.	Gray, Miss Harriet

* Deceased

Gray, Mrs. Horace
 Greene, Francis B.
 Greene, Mrs. J. S. Copley
 Greene, Miss Margaret
 Grinnell, Mrs. Charles E.
 *Guild, Mrs. James
 Hagar, Eugene B.
 Hall, Miss Elise
 Hall, Miss Mary L.
 Hayes, Mrs. William A.
 *Higginson, George
 Homans, Mrs. Charles D.
 Homans, Robert
 Hooper, Mrs. S. T.
 Howe, Mrs. M. A. DeWolfe
 *Howes, Miss Abbie C.
 Hunnewell, F. W.
 Hunnewell, Miss Julia O.
 Ireland, Miss Catherine I.
 Jackson, Miss Marian C.
 Jewett, Miss Sarah Orne
 *Jordan, Mrs. Eben D.
 Joslin, Elliott P., M.D.
 Kimball, Mrs. David P.
 *Kuhn, Mrs. Hartman
 Lamb, Mrs. Horace A.
 Lee, Mrs. Joseph
 Leland, Mrs. Charles F.
 Leland, Mrs. Lester
 Lowell, Mrs. George E.
 Lyman, Mrs. Theodore
 Mason, Miss Ellen F.
 Mason, Miss Ida M.
 McClure, Mrs. M. M.
 Meyer, Miss Héloïse
 *Minot, Francis, M.D.
 Minot, Miss Mary
 Monks, Mrs. Frank H.
 Morse, John Lovett, M.D.
 Morse, Mrs. Samuel T.
 Moseley, Mrs. Frank S.
 Motley, Mrs. E. Preble
 Mumford, Mrs. James G.
 Norcross, Mr. Grenville H.
 Norcross, Mrs. Otis, Jr.
 Osgood, Miss Emily L.
 *Palfrey, Mrs. F. W.
 Palfrey, Miss Sarah H.
 Parker, Miss Ellen G.
 *Parkinson, Mrs. John
 *Parkman, George F.
 Peabody, Miss Gertrude W.
 Peabody, Mrs. Frank E.
 Perry, Mrs. Arthur P.
 *Pierce, Henry L.
 *Pickering, Mrs. Henry
 Pickering, Mr. Henry G.
 Porter, Miss Rosamond
 Potter, Mrs. N. B.
 Pratt, Miss Mary
 Rice, Mrs. Mary P.
 Richardson, William L., M.D.
 Ritchie, Mrs. John
 Reed, Mrs. William H.
 Rogers, Mrs. William B.
 Russell, Miss Catherine E.
 Russell, Miss Mary
 Russell, Mrs. Henry S.
 Russell, Mrs. Robert S.
 Sanderson, Mrs. George G.
 Sears, Mrs. F. R.
 Sedgwick, Mrs. William T.
 Shaw, Mrs. Quincy A.
 *Shaw, Quincy A.
 Shaw, Mrs. Robert G.
 Sprague, Mrs. Seth E.
 *Stearns, Mrs. George L.
 Storrow, Mrs. James J.
 Talbot, George V.
 Tapley, Mrs. Amos
 Tappan, Mrs. Frederick H.
 *Tappan, Lewis William
 Thorndike, Mrs. Paul
 Thorp, Mrs. James G.
 *Upham, Mrs. George P.
 Upham, Miss Susan
 Vaughan, Mrs. Benjamin
 Wadsworth, Mrs. Alexander
 Walker, Mr. Grant
 Walker, Mrs. William B.
 Warren, Edward R.
 *Weld, Mrs. William F.
 Weld, Mrs. William G.
 Weston, Mrs. Henry C.
 Wheeler, Mrs. Henry
 Wheelwright, Miss Anita E.
 Whiteside, Mrs. George S.
 Whiting, Mrs. Charles F.
 Whitney, Henry M.
 Wigglesworth, Mrs. George
 Wigglesworth, George
 Winsor, Mrs. Henry
 Woods, Mrs. Henry

LIST OF SUBSCRIBERS AND DONORS

FOR THE YEAR ENDING JANUARY 31, 1909

ANNUAL SUBSCRIBERS

Alford, Miss Martha A.	\$ 25.00	<i>Brought forward,</i>	\$429.00
Alford, Mrs. O. H.	10.00	Crafts, Miss Mary E.	5.00
Anonymous	20.00	Curtis, Mrs. H. G.	10.00
Anthony, Mrs. S. Reed	25.00	Cushing, Miss S. P.	5.00
Atkinson, Charles F.	5.00	Cutler, Dr. E. G.	5.00
Atkinson, Miss Susan P.	5.00	Dane, Mrs. Francis	5.00
Ayer, Mrs. J. B.	10.00	Davis, Mrs. Simon	3.00
Bartol, Miss Elizabeth H.	10.00	Denny, Miss Emily G.	5.00
Bartol, Mrs. John W.	10.00	Dexter, Mrs. Gordon	10.00
Batchelder, Miss Mary E.	5.00	Dexter, Mrs. Philip	5.00
Beal, Mrs. Boylston	3.00	Dexter, Miss Rose L.	10.00
Beebe, Mrs. J. Arthur	25.00	Dole, Rev. and Mrs. C. F.	5.00
Bigelow, Miss M. A.	5.00	Doliber, Mrs. Thomas	5.00
Blackmar, Mrs. W. W.	10.00	Dresel, Miss Louisa L.	5.00
Bowditch, Miss Charlotte	25.00	Evans, Mrs. Glendower	25.00
Bradley, Mrs. Leverett	3.00	Eustis, Miss Elizabeth M.	5.00
Bramhall, Miss Elizabeth S.	5.00	Fairbairn, Mrs. R. B.	3.00
Bremer, Mrs. John L.	25.00	Farnsworth, Miss Alice	5.00
Brewer, Miss F. R.	10.00	Faulkner, Miss F. M.	10.00
Brown, Miss Elizabeth B.	5.00	Fitz, Mrs. W. S.	200.00
Bullard, Mrs. W. S.	10.00	Folsom, Miss Amy	30.00
Burr, Mrs. Allston	10.00	Foster, Mrs. A. D.	5.00
Burr, Mrs. I. Tucker	10.00	French, Miss C. A.	25.00
Cabot, Mrs. Louis	50.00	Friend	10.00
Carr, Mrs. Samuel	5.00	Friend	100.00
Chandler, Mrs. F. W.	10.00	Fuller, Miss Anna	10.00
Chase, Mrs. Percy	3.00	Gay, Mrs. F. L.	10.00
Clark, Mr. and Mrs. J. Dudley	50.00	Gay, Dr. Warren F.	5.00
Clement, Mrs. Hazen	10.00	Goddard, George A.	25.00
Collamore, Miss Helen	25.00	Goldthwait, Mrs. Joel E.	5.00
Cornish, Mrs. Louis C.	5.00	Goodwin, Mrs. W. H., Jr.	5.00
	<hr/>	Greene, Francis B.	10.00
<i>Carried forward,</i>	\$429.00	<i>Carried forward,</i>	\$995.00

<i>Brought forward,</i>	<i>\$995.00</i>	<i>Brought forward,</i>	<i>\$2,238.00</i>
Greenough, Mrs. David S.	5.00	Lothrop, Miss Mary B.	5.00
Grew, Mrs. Edward W.	5.00	Lowell, Mrs. Guy	5.00
Guild, Mrs. C. E.	5.00	Lyman, Mrs. W. P.	5.00
Hagar, E. B.	10.00	Mack, Mrs. Thomas	5.00
Harrison, Mrs. Archibald	10.00	Mason, Miss Ida M.	300.00
Hayward, Mrs. George G.	25.00	McKee, Mrs. W. L.	5.00
Hemenway, Mrs. C. P.	10.00	Merriam, Miss Mary L.	5.00
Higginson, Mrs. F. L.	10.00	Merriman, Mrs. Daniel	5.00
Hill, Arthur D.	5.00	Meyer, Miss Heloise	10.00
Hill, Mrs. Hamilton A.	5.00	Monks, Frank H.	5.00
Hollingsworth, Mrs. George	5.00	Monks, Mrs. Frank H.	5.00
Holmes, The Misses	10.00	Morse, Mrs. Robert M.	5.00
Hooper, Miss Louisa M.	5.00	Mumford, Mrs. James G.	5.00
Howe, Henry S.	20.00	Nash, Mrs. Frank K.	5.00
Howes, Mrs. Eben	2.00	Nickerson, Mrs. William	10.00
Howe, Mrs. J. S.	5.00	Norcross, G. H.	10.00
Howes, Miss Edith M.	5.00	Osgood, Miss Emily L.	20.00
Howes, Frank H.	5.00	Otis, Mrs. W. C.	10.00
Howes, Mrs. Osborne	1.00	Paine, R. T.	20.00
Hunnewell, Mrs. Arthur	25.00	Paine, Miss Sarah C.	5.00
Hunnewell, Miss Julia O.	25.00	Parker, Miss E. G.	10.00
In memory of Miss H. A.		Peabody, Miss G. W.	10.00
Adam	5.00	Peabody, Mrs. S. E.	5.00
In memory of Miss P. G.		Pierce, Miss Katharine C.	5.00
Adam	5.00	Pierce, Wallace L.	10.00
In memory of Theresa H.		Porter, Mrs. Burr	10.00
Blake	900.00	Raymond, Mrs. H. E.	2.00
Jaques, Mrs. Francis	5.00	Richards, Miss Caroline	2.00
Jaques, Miss H. L.	10.00	Richardson, Mrs. E. C.	5.00
Johnson, E. C.	10.00	Richmond, Mrs. J. B.	10.00
Johnson, Mrs. Wolcott H.	5.00	Ritchie, Mrs. John	10.00
Joslin, Mrs. Elliott P.	5.00	Roberts, Rev. W. Dewees	2.00
Josselyn, Mrs. A. S.	5.00	Rogers, Mrs. J. C.	5.00
Kelly, Miss E. F.	5.00	Rogers, Mrs. William B.	30.00
Kent, Mrs. H. M.	10.00	Rotch, Mrs. T. M.	5.00
Lamb, Mrs. H. A.	10.00	Rowe, Mrs. Henry S.	10.00
Lee, Mrs. George C.	5.00	Russell, Mrs. Robert S.	25.00
*Lee, Mrs. Henry	10.00	Sanger, Mrs. George P.	5.00
Lee, Mrs. Joseph	50.00	Sargent, Mrs. Winthrop	5.00
Leland, Mrs. Charles F.	5.00	Schlesinger, Mrs. B.	3.00

Carried forward, *\$2,238.00*

* Deceased

Carried forward, *\$2,852.00*

<i>Brought forward,</i>	\$2,852.00	<i>Brought forward,</i>	\$3,027.00
Scull, Mrs. Gideon	25.00	Thomas, Miss Mary	5.00
Sears, Herbert M.	25.00	Townsend, Mrs. William S.	5.00
Sedgwick, Mrs. W. T.	10.00	Tuckerman, Mrs. C. S.	5.00
Shaw, Mrs. B. S.	5.00	Van Nostrand, Mrs. A. G.	10.00
Snow, Mrs. Henry C.	5.00	Vaughan, Mrs. W. W.	5.00
Sprague, Mrs. S. E.	15.00	Warren, Miss Cornelia	5.00
Stackpole, Mrs. F. D.	5.00	Weld, Mrs. C. Minot	5.00
Staigg, Mrs. R. M.	5.00	Wheeler, Mrs. Henry	10.00
Standish, Miss A.	5.00	Wheelwright, Mrs. A. C.	10.00
Stevens, Mrs. William B., Sr.	3.00	Whitney, Mrs. Ellerton P.	5.00
Stone, Mrs. F.	10.00	Williams, John D.	20.00
Stone, Mrs. Richard	10.00	Wilson, Miss L. M.	20.00
Storer, Miss A. M.	10.00	Wilson, Mrs. W. P.	10.00
Storer, Miss M. G.	10.00	Winkley, Mrs. S. H.	10.00
Sturgis, Miss A. M.	5.00	Winthrop, Mrs. R. C., Jr.	10.00
Sturgis, Mrs. John H.	5.00	Woods, Mrs. Henry	100.00
Talbot, Mrs. W. H.	2.00	Young, Mrs. B. L.	10.00
Thayer, Miss A. G.	10.00	Young, Miss Fanny	5.00
Thayer, Mrs. Bayard	10.00		
		<i>Total,</i>	\$3,277.00
<i>Carried forward,</i>	\$3,027.00		

DONORS

A. A. S.	\$1.00	<i>Brought forward,</i>	\$1,296.65
Adams, Miss A. Louise	5.00	Bowditch, Miss Charlotte	30.00
Adams, Miss Katharine F.	10.00	Bowditch, Miss Fanny	2.00
Appleton, Mrs. Samuel	5.00	Bradley, Mrs. Leverett	3.00
Bacon, Miss Ellen S.	25.00	Briggs, Mrs. L. Vernon	10.00
Bancroft, Miss	5.00	Brooks, Miss Eleanor T.	5.00
Barber, Miss Grace M.	1.00	Brooks, Mrs. L. Loring	5.00
Baylies, Mrs. Walter C.	200.00	"C."	15.00
Beech, Mrs. Herbert	20.00	Cary, Mrs. E. M.	500.00
Betton, Mrs. Cornelius G.	2.00	Case, Miss L. W.	950.00
Bigelow, Mrs. Albert S., Jr.	10.00	Charity	10.00
Billings, Charles O.	2.00	Clark, Mrs. Robert F.	10.00
Blaney, Mrs. Dwight	45.00	Cotting, Miss Alice	3.00
Boston Assn. for Relief and Control of Tuberculosis	765.65	Cotting, Francis J.	2.00
Bowditch, Charles P.	200.00	Cotton, Miss Elizabeth A.	25.00
		Covel, Miss Gertrude E.	1.00
<i>Carried forward,</i>	\$1,296.65	<i>Carried forward,</i>	\$2,867.65

<i>Brought forward,</i>	\$2,867.65	<i>Brought forward,</i>	\$7,822.24
Curtis, Mrs. H. G.	50.00	Hayden, Mrs. Charles R.	10.00
Curtis, Miss Mary	5.00	Heard, Mrs. Henry R.	5.00
Davis, Mrs. Simon	2.00	Hecht, Louis	20.00
Deland, Mrs. Loring F.	5.00	Hemenway, Miss Clara	25.00
Dexter, Dr. Franklin	10.00	Hood, H. P., & Sons	50.00
Dixwell, Arthur	10.00	Hooper, Mrs. S. T.	3.00
Donald, Mrs. William A.	10.00	Howe, Miss Fanny R.	3.00
Dorchester Relief Society	301.41	Howes, Frank H.	5.00
Entertainment at Cohasset	106.00	Hunnewell, F. W.	500.00
Fiske, Mrs. J. N.	85.00	Hunnewell, Walter	25.00
Forbes, Henry S.	100.00	Hunt, Mrs. William P.	5.00
Forbes, Mrs. William H.	20.00	In memory of Helen E. Cary	900.00
Foss, Mrs. Eugene N.	10.00	In memory of E. C. J.	20.00
Fox, George G., Company	10.00	Jackson, Mrs. Henry	10.00
Freeman, J. G.	15.00	Jackson, Miss M. C.	100.00
Freeman, Mrs. J. G.	90.00	James, Mrs. George A.	25.00
Friends, through Auxiliary Committee	316.18	Kimball, H. H.	25.00
Friends, through Miss Fannie Bartlett	600.00	Lane, Alfred C.	10.00
Friend, through Mrs. E. A. Codman	25.00	Lawrence, Charles R.	10.00
Friends, through the newspapers	20.00	Lecture on "Bruno the Bear".	888.50
Friend from Cohasset	25.00	Leland, Mrs. Lester	10.00
Friend, through Miss Cordner	25.00	Leviseur, Mrs. Louis	5.00
Friend	1,000.00	Loring, A. P.	25.00
Friend	980.00	Lowney, Walter M., Co.	300.00
Friend	900.00	M. P. R.	100.00
Friend	50.00	Mann, C. A.	10.00
Friend	10.00	Mason, Mrs. Charles E.	50.00
Friend	10.00	Mass. Charitable Fire Soc.	75.00
Gill, Mrs. Matilda	1.00	Mayflower Club	241.42
Gorham, Mrs. Richard	4.00	McCarthy, Rev. T. F.	5.00
Gray, Miss Harriet	120.00	McClure, Mrs. M. M.	345.00
Greenough, Mrs. C. P.	5.00	McLaughlin, Miss Josephine	2.00
H. W. T.	30.00	Minot, Miss Mary	20.00
Hale, Mrs. Edward	2.00	Monks, Mrs. George H.	10.00
Hart, Henry W., Jr.	2.00	Morrill, Miss A.	50.00
		Morrill, Miss A. W.	50.00
		Morrill, Miss F. E.	50.00
		Nickerson, Andrew	10.00
<i>Carried forward,</i>	\$7,822.24	<i>Carried forward,</i>	\$11,820.16

<i>Brought forward,</i>	\$11,820.16	<i>Brought forward,</i>	\$12,786.16
Olcott, Mrs. A. B.	5.00	Sewing Circle League	150.00
Olney, Richard, 2d	5.00	Shepard, Miss Emily B.	10.00
Oxnard, Miss M. D.	25.00	Sohier, The Misses	20.00
Palfrey, Mrs. John C.	5.00	Spaulding, J. T.	25.00
Peters, F. A.	10.00	Spaulding, W. S.	25.00
*Pickering, Mrs. Henry	100.00	Spooner, Miss Mary B.	5.00
Pickman, Mrs. D. L.	25.00	Stevens, Miss H. G.	5.00
Pratt, Miss Mary	200.00	Sturgis, Mrs. H. P.	30.00
Proctor, Miss Mary B.	5.00	Sturgis, Mrs. R. S.	5.00
Putnam, Mrs. George F.	10.00	Tapley, Miss Alice P.	100.00
Rantoul, Mrs. Neal	75.00	Tapley, Mrs. Amos P.	100.00
Reed, Mrs. W. H.	50.00	Thayer, Mrs.	5.00
Rice, Mrs. Mary P.	5.00	Thayer, Mrs. Ezra R.	5.00
Richardson, Mrs. John	2.00	The M. A. Sewing Circle	50.00
Richardson, Dr. W. L.	200.00	The Old South Guild	25.00
Robins, Miss Julia	1.00	The '88 Sewing Circle	40.00
Robinson's, Mrs., Bible Class	13.00	The '90 Sewing Circle	50.00
Robinson, Roswell R.	5.00	The '98 Sewing Circle	35.00
Rodman, Miss Emma	5.00	Wadsworth, Mrs. A. F.	100.00
Roxbury Charitable Soc.	100.00	Walker, Mrs. W. B.	100.00
Russell, Mrs. Henry S.	25.00	*Weld, Mrs. William F.	100.00
Russell, James S.	10.00	Wheelock, Miss E. T.	10.00
Russell, Mrs. Robert S.	25.00	Wheelwright, Miss Mary C.	10.00
Scaife, Mrs. L. S.	5.00	Whiteside, Mrs. Alexander	8.00
Sears, Miss Annie L.	5.00	Whitney, Edward F.	25.00
Sears, Mrs. F. R.	10.00	Whitwell, Miss Natalie	10.00
Sears, Mrs. George G.	10.00	Wigglesworth, Mrs. George	900.00
Sears, Dr. H. F.	20.00	Y. Y. Sewing Circle	66.00
Sever, Miss Emily	10.00		
		<i>Total,</i>	\$14,800.16
<i>Carried forward,</i>	\$12,786.16		

ARLINGTON STREET CHURCH DONATION

Abbott, Mrs. Jere	\$10.00	<i>Brought forward,</i>	\$90.00
Alden, Mrs. George A.	25.00	Andrews, Edward R.	5.00
Allen, Mrs. R. N.	5.00	Arlington Street Church	
Ames, Mrs. Oliver, 2d	25.00	Friends	49.82
Ames, Mrs. William H.	25.00	Barnes, Charles B.	5.00
<i>Carried forward,</i>	\$90.00	<i>Carried forward,</i>	\$149.82

*Deceased.

<i>Brought forward,</i>	\$149.82	<i>Brought forward,</i>	\$584.82
Bartlett, Francis	25.00	Hammond, Miss E.	4.00
Bartlett, Miss M. C.	1.00	Harrington, Mrs. F. B.	3.00
Bartlett, Miss M. H.	5.00	Head, Mrs. Charles	5.00
Beal, Mrs. James H.	10.00	Hooper, Mrs. J. R.	10.00
Beal, Thomas P.	35.00	Hubbard, Mrs. Eliot	5.00
Brewer, Miss Lucy S.	5.00	Hurd, The Misses	5.00
Burnham, Mrs. J. A.	5.00	In memory of Mrs. Francis	
Carter, Miss M. E.	20.00	B. Greene	300.00
Case, Mrs. J. B.	20.00	In Memoriam H. A. H.	25.00
Chamberlain, E. D.	25.00	Kennard, Mrs. C. W.	5.00
Chick, Mrs. F. S.	2.00	Kidder, Mrs. C. A.	10.00
Clark, Mrs. Frederick S.	25.00	Kidder, Mrs. Henry P.	15.00
Cochrane, Mrs. A. F.	3.00	Kimball, Mrs. D. P.	25.00
Coolidge, Mrs. D. H.	10.00	Kimball, Mrs. L. C.	25.00
Councilman, Mrs. W. T.	2.00	King, Miss Caroline W.	2.00
Crosby, Miss Anne C.	5.00	King, Mrs. S. G.	2.00
Cruft, Miss H. O.	10.00	Lilly, Mrs. Channing	5.00
Cunningham, Mrs. Henry W.	10.00	Lincoln, Mrs. Arthur	5.00
Cunningham, Mrs. J. H.	5.00	Linder, Mrs. George	10.00
Curtis, Miss E. A.	5.00	Little, Mrs. J. M.	5.00
Cutter, Mrs. Abram E.	20.00	Lombard, Mrs. J. H.	5.00
Dalton, Mrs. Charles	20.00	Lothrop, Mrs. L. G.	5.00
Davis, Mrs. J. E.	5.00	Lovett, Mrs. A. S.	5.00
Davis, Mrs. Sarah S.	3.00	Mandell, Mrs. S. P.	10.00
Dexter, Miss Rose	10.00	Mercer, Miss Carolyn	25.00
Dodd, Miss	5.00	Merrill, Mrs. J. Warren	10.00
Eaton, Miss Catherine S.	10.00	Mifflin, Mrs. G. H.	5.00
Eaton, Miss Lucy H.	10.00	Morison, Mrs. Frank	10.00
Emmons, Mrs. J. F.	10.00	Moseley, Miss E. F.	5.00
Ernst, Mrs. C. W.	2.00	Newhall, Mrs. H.	2.00
Esterbrook, Mrs. Arthur F.	25.00	Nourse, Miss A. E.	2.00
Fessenden, Russell G.	5.00	Parker, Miss Eleanor S.	25.00
Fitz, Mrs. R. H.	10.00	Peirce, Miss C. P.	5.00
Fitz, Mrs. W. S.	10.00	Peirce, Mrs. George	5.00
Foster, Miss Fanny	25.00	*Pickering, Mrs. Henry	10.00
Friend	2.00	Pickman, Mrs. D. L.	25.00
Frothingham, Mrs. T. G.	5.00	Pitman, Mrs. B. F.	15.00
Greeley, The Misses	10.00	Post, Miss Eliza C.	5.00
Grew, Mrs. Henry S.	10.00	Ranney, Miss H. M.	5.00
Guild, Mrs. S. Eliot	10.00	Ranney, Miss M. F.	5.00
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<i>Carried forward,</i>	\$584.82	<i>Carried forward,</i>	\$1,234.82

* Deceased.

<i>Brought forward,</i>	\$1,234.82	<i>Brought forward,</i>	\$1,549.82
Rantoul, Mrs. Neal	25.00	Talbot, Mrs. Thomas	5.00
Read, Miss S. E.	15.00	Taylor, Miss E. M.	2.00
Reed, Mrs. S. A.	5.00	Thayer, Miss H. A.	10.00
Richards, Miss A. L.	5.00	Thomas, Miss C. C.	5.00
Richards, Mrs. C. A.	5.00	Thompson, The Misses	4.00
Rogers, Miss C. L.	3.00	Torrey, Miss A. D.	5.00
Rogers, The Misses	3.00	Wadsworth, Mrs. O. F.	10.00
Sampson, Mrs. F. A.	2.00	Washborn, Mrs. Miles	2.00
Sanborn, Mrs. E. L.	5.00	Weeks, Mrs. W. B. P.	5.00
Sargent, Mrs. F. W.	25.00	Weld, Mrs. W. G.	500.00
Severance, Mrs. P. C.	5.00	Wheeler, Mrs. A. S.	10.00
Shaw, Mrs. H. S.	5.00	White, Mrs. C. T.	5.00
Shaw, Mrs. Q. A., Jr.	5.00	Wigglesworth, Mrs. Edward	10.00
Shaw, Mrs. R. G.	200.00	Williams, Mrs. Gardner B.	5.00
Smith, Mrs. C. C.	5.00	Williams, The Misses	5.00
Swift, Mrs. Frederick	2.00	Winslow, Mrs. W. C.	10.00
<i>Carried forward,</i>	\$1,549.82	<i>Total,</i>	\$2,142.82

KING'S CHAPEL DONATION

Bartlett, Miss	\$ 25.00	<i>Brought forward,</i>	\$600.00
Bartlett, Miss F.	100.00	*Dabney, Louis S.	15.00
*Bartlett, Mrs. M.	50.00	Debucy, Mrs. Albert	100.00
Bazeley, Mrs. W. A. L.	50.00	Devlin, Mrs. John E.	15.00
Bellows, Mrs. Henry W.	5.00	Dexter, Mrs. George	10.00
Bradlee, Mrs. J.	10.00	*Dexter, W. S.	10.00
Bradlee, Miss S. C.	10.00	Emmons, Mrs. R. W., 2d	10.00
Brooks, Mrs. S.	100.00	Endicott, William	100.00
Coolidge, Mrs. J. R.	10.00	Endicott, Mrs. William, Jr.	10.00
Coolidge, J. T.	50.00	Fields, Mrs. J. T.	10.00
Cordner, Miss C. P.	5.00	Flagg, Mrs. A.	15.00
Cordner, Miss E. P.	10.00	Friend	500.00
*Cordner, Mrs. John	5.00	Friend	55.00
Cotting, Mrs. C. E.	10.00	Friend	50.00
Curtis, Mrs. C. P.	100.00	Fuller, Mrs. C. E.	2.00
Curtis, Mrs. G. S.	20.00	Goddard, Miss J.	5.00
Curtis, Mrs. James F.	25.00	Gorham, Mrs. W. H.	5.00
Curtis, The Misses	15.00	Gray, Miss Mary C.	10.00
<i>Carried forward,</i>	\$600.00	<i>Carried forward,</i>	\$1,522.00

*Deceased

<i>Brought forward,</i>	\$1,522.00	<i>Brought forward,</i>	\$2,726.00
Guild, Miss H. J.	5.00	Minot, The Misses	30.00
Hall, Miss M. B.	2.00	Mixter, Miss M. C.	15.00
Hayward, Miss F.	5.00	Morse, Mrs. S. T.	10.00
Hill, Mrs. H. A.	5.00	Nichols, Benjamin W.	10.00
Homans, Mrs. C. D.	5.00	Nichols, Miss Mary P.	10.00
Homans, Mrs. John	20.00	Norcross, Mrs. Otis, Jr.	10.00
Hough, Mrs. A. A.	2.00	*Parkman, G. F.	100.00
Howe, Mrs. George D.	5.00	Peabody, Mrs. F. E.	10.00
In memory of F. H. Lombard, M.D.	5.00	Peabody, Mrs. F. H.	25.00
Jackson, Miss A. P.	5.00	Peabody, Mrs. R. S.	10.00
Jackson, Mrs. C. C.	5.00	Plympton, Miss M. L.	5.00
Jenks, Miss	5.00	Ross, Mrs. W. O.	10.00
Loring, Miss Helen	10.00	Russell, Miss M.	5.00
Lothrop, Mrs. T. K.	25.00	Sampson, Mrs. O. H.	10.00
Lowell, A. L.	25.00	Sears, Mrs. F. R., Jr.	20.00
Lowell, F. C.	15.00	Sears, Mrs. P. H.	20.00
Lowell, Mrs. George G.	10.00	Sprague, Dr. F. P.	25.00
Lyman, A. T.	75.00	Stevenson, Mrs. R. H.	10.00
Lyman, Miss	25.00	Stratton, Mrs. S. P.	5.00
Lyman, Miss Mabel	25.00	Ward, Miss E. M.	5.00
Member of King's Chapel	900.00	Ware, Miss M. L.	15.00
Merriman, Mrs. R. B.	5.00	Wheelwright, J. W.	10.00
Minns, Thomas	10.00	Whitney, Mrs. J. C.	10.00
Minot, Dr. J. J.	10.00	Whitney, Miss M.	2.00
		<i>Total,</i>	\$3,108.00
<i>Carried forward,</i>	\$2,726.00		

PRESENT AND PAST PARISHIONERS OF
TRINITY CHURCH

Allan, Mrs. B. J.	\$ 25.00	<i>Brought forward,</i>	\$125.00
*Anderson, Mrs. J. F.	25.00	Nash, Mrs. B. H.	25.00
Beebe, Mrs. J. Arthur	25.00	Norman, Mrs. Guy	25.00
Gray, Mrs. John C.	15.00	Shaw, Mrs. G. H.	20.00
Lothrop, Mrs. T. K.	25.00	Thayer, Mrs. E. V. R.	25.00
Lowell, Miss Georgina	10.00	Winthrop, Mrs. T. L.	25.00
		<i>Total,</i>	\$245.00
<i>Carried forward,</i>	\$125.00		

*Deceased

COMFORT FUND

Alcott, Mrs. Annie B.	\$ 5.00	<i>Brought forward,</i>	\$17.00
Friend	5.00	Manchester, Miss	13.30
Friend, through Miss		Member of King's Chapel	10.00
Batchelder	2.00	Minot, Miss Mary	20.00
Lowell, Miss Lucy	5.00	Winthrop, Mrs. Robert C.	25.00
<i>Carried forward,</i>	<hr/> <i>\$17.00</i>	<i>Total,</i>	<hr/> <i>\$85.30</i>

DONATIONS FOR SPECIAL PURPOSES

Amory, Mrs. Charles B.	\$ 11.00	<i>Brought forward,</i>	\$132.64
Anthony, Mrs. S. Reed	13.44	Hale House	1.00
Bartlett, Miss M. F.	5.00	Holmes, Mrs. E.	67.50
Bellows, Mrs.	1.20	Jewish Settlement House	1.00
Brown, Miss E. B.	9.40	Keadin, Mrs. M.	3.00
"C."	21.00	Kidner, Rev. R.	4.64
Clarke, Mrs.	4.50	King, Miss Anna L.	7.50
Codman, Mrs. E. A.	1.00	Lowell, Mrs. F. C.	4.02
Cordner, Miss	1.50	Lynch, Mrs.	6.00
Derby, Mrs. George S.	2.00	Macleod, Miss C.	2.00
Donald, Mrs. William A.	48.60	Ritchie, Mrs. John	94.00
Foster, Mrs. Reginald	6.00	Shaw, Mrs. Quincy A.	3.25
Friends	3.00	Shepherd, Miss E. B.	34.50
Hall, Mrs. J. O., Jr.	5.00	Tuckerman, Rev. Gustavus	6.00
<i>Carried forward,</i>	<hr/> <i>\$132.64</i>	<i>Total,</i>	<hr/> <i>\$367.05</i>

RULES FOR NURSES

RULE 1. The duties of nurses are to care for the sick poor in their own homes, and to instruct them and their families in the treatment of their own cases and in the laws of wholesome living. Nurses shall perform these duties under the immediate direction of the physicians to whom or to whose districts they shall be respectively assigned. In strictly medical and surgical matters, the authority of the physicians shall be supreme; and the Superintendent shall have power to enforce the medical and surgical directions of the physicians in their absence. In all other matters whatsoever, the nurses shall be subject to the authority of the Superintendent. They shall also be subject to the superior authority of the Board of Managers, or of any committee to which the Board may delegate any of its powers in this regard. No call shall be responded to, unless it come through one of the above-named authorities.

RULE 2. Nurses shall be on duty each week day at 8.30 A.M. The usual length of the day's work shall be eight hours. Night duties and visits on Sundays and holidays shall be exceptional. Time for luncheon, not exceeding one hour, shall be allowed about the middle of the day.

RULE 3. The first three months of service of a nurse shall be a term of probation, during which either she may leave the service of the Association or the Association may discharge her without notice by either party. At the close of this term she may be appointed for the term of one year and nine months, and she must then agree to remain for the term of a year and nine months. Each reappointment shall be for the term of one year, and each nurse thus reappointed shall agree to remain for the term of one year.

RULE 4. The salaries of nurses shall be \$45 each for the first three months, \$50 a month each for the next nine months, and \$60 a month each thereafter. The salaries of nurses who have received the diploma of the Training School of the Association shall be \$60 a month each from beginning of service. In addition,

they shall each be allowed \$5 a month for car fares and \$2 a month for charwoman, the necessary washing for patients, and the washing of nurses' aprons and towels.

RULE 5. Nurses shall be examples of neatness and orderliness; and they shall strive to secure the cleanliness of the patients and of the sick rooms.

RULE 6. The Association prescribes a uniform for the nurses. The waists, collars, and aprons shall be supplied by the nurses, but the rest of the uniform will be furnished by the Association. Nurses shall wear the uniforms during the whole of the time that they are on duty; and shall always wear aprons while attending on patients.

RULE 7. In cases of contagious or infectious disease, care shall be exercised and all practicable precautions shall be taken to avoid spreading the disease. In such cases, visits shall be made, so far as possible, after the other work of the day has been performed. Nurses must not visit scarlet fever and diphtheria cases.

RULE 8. When unsanitary conditions exist in the homes of the patients, the Board of Health shall be notified by printed cards provided for that purpose.

RULE 9. Nurses shall not be required to attend cases in houses of ill repute.

RULE 10. In the event of clinical instruction being given to students by the physicians, the presence of the nurses shall not be required.

RULE 11. No interference shall be permitted with the religious or political opinions of patients.

RULE 12. Nurses shall not receive presents of any kind from patients or friends of patients under any circumstances; nor shall they give money or its equivalent in any form, unless authorized by a manager. All sums of money received by nurses from patients or friends of patients shall be paid into the treasury of the Association.

RULE 13. Nurses shall not work for any other employer during the term of their employment by the Association.

RULE 14. In lending articles to the sick, dated receipts must be taken for all articles loaned; and the return of such articles, properly cleansed, must be required.

RULE 15. Detailed reports of their work shall be made weekly at the office of the Association by the nurses to the agent and at the same time to the District Committees that may be appointed by the Board for the respective nurses. These reports shall be made at such times as the District Committees shall determine. Detailed reports, subject to the inspection of the Superintendent, shall be made in writing monthly by the nurses to the Executive Committee.

RULE 16. Each nurse shall be entitled to one month's vacation in each year; but, whether or not she return to service, her salary will be paid only on the express condition that she has devoted this vacation to rest and recuperation, and during it has not worked for pay for any employer other than this Association.

RULE 17. A nurse may be immediately dismissed for inefficiency, neglect of duty, or other misconduct, either in the past or present, or if she violate any of the Rules for Nurses or any direction given her by any properly authorized board, committee, or person. Payment shall be made to date of dismissal only.

RULE 18. Except during the term of probation, no nurse shall leave the service of the Association in the midst of a term, except for illness or with the consent of the Association; and if she shall leave in violation of the preceding provision, she shall be liable, at the discretion of the Association, to forfeit a month's pay.

RULE 19. Each nurse must agree to live in the House of the Association should she be asked to do so.

BY-LAWS

ARTICLE I. The Corporation of the INSTRUCTIVE DISTRICT NURSING ASSOCIATION shall consist of the persons named in the Act of Incorporation; of all persons who have been or at any time shall be members of the Board of Managers; of the members of the Advisory Board for the time being; of such persons as shall contribute to the funds of the Association at any one time the sum of one hundred dollars (\$100) or more each; and of such other persons as shall be, at any meeting of the Corporation, elected members by ballot—the affirmative vote of two-thirds of those present and voting being necessary for a choice.

ARTICLE II. The Officers of the Association shall consist of a President, two Vice-Presidents, a Secretary, a Treasurer, and not less than eleven nor more than twenty-three Managers, all of which officers together, except the Treasurer, shall constitute the Board of Managers.

The said Board shall have the entire management of the business and the property of the Association; and especially shall have power to manage, lease, mortgage, and convey any real estate, and to assign, discharge, and foreclose any mortgages, that shall at any time belong to the Association, and to designate the officer or officers to sign all deeds and other instruments, and to do all acts necessary or proper in the premises.

ARTICLE III. The President, the Vice-Presidents, the Secretary, the Treasurer, and the Managers shall be chosen by ballot at the annual meeting of the Association, or at any adjournment thereof, or at any meeting in lieu of such annual meeting as provided in Article IV of these By-Laws; and shall hold their offices till the last Wednesday of the following February, and till others are chosen and qualified in their stead.

ARTICLE IV. The financial year shall end with the last day of January of each year. The annual meeting of the Association shall be held on the last Wednesday of February in each year, at such place and time as the Board of Managers shall direct, except that if the last Wednesday of February shall in any year fall on

the twenty-second day of the month, then the annual meeting shall be held on the following day. In the event of the annual meeting, by mistake or otherwise, not being called and held as herein prescribed, the Board shall order a special meeting to be called and held in lieu of and for the purpose of the annual meeting.

ARTICLE V. Any vacancy in the Board of Managers, including the offices of President, Vice-President, Secretary, and Treasurer, may be filled by the Board, whether such vacancy arises from the failure of the Association to elect the complement authorized by the By-Laws or from any other cause.

ARTICLE VI. Special meetings of the Association may be called by the Board of Managers, and shall be called by the President whenever requested thereto by ten members of the Association by a written instrument, which shall also state the purposes for which the meeting is to be called.

ARTICLE VII. At any meeting of the Association ten members shall constitute a quorum; but a smaller number may adjourn any meeting to a specified time and place.

ARTICLE VIII. The Board of Managers shall hold meetings for the transaction of business at least once in each calendar month, except the months of June, July, August, and September. Special meetings of the Board may be called by the President.

Five members of the Board shall constitute a quorum.

ARTICLE IX. There shall be an Advisory Board of not less than seven persons, to be elected by the Board of Managers. The Advisory Board shall be consulted by the Board of Managers whenever it is deemed necessary to refer to them for counsel. There shall also be a Committee on Finance, to consist of the Treasurer, *ex officio*, and of two other men, the latter to be elected by the Board of Managers. The Treasurer shall consult at least one other member of this committee, and shall obtain his approval in writing before investing any funds or changing any investment belonging to the Association.

ARTICLE X. The President, or in her absence one of the Vice-Presidents, shall preside at all meetings of the Association and of the Board of Managers.

ARTICLE XI. The Secretary, who shall be sworn, shall be Secretary both of the Association and of the Board of Managers, shall attend their meetings and keep accurate records thereof, shall

give notice of all meetings of the Association or of the Board at least three days before the time of meeting, and shall perform all other duties incident to the office.

ARTICLE XII. The Treasurer shall have custody of the funds and the securities of the Association, shall receive all moneys and, when duly authorized, shall make all payments, shall keep full accounts, shall acknowledge all donations and subscriptions, and shall present at each regular meeting of the Board of Managers a statement of the current condition of the treasury, and at each annual meeting of the Association an account of the receipts and expenditures for the preceding financial year.

An Auditor to examine the Treasurer's books and accounts shall be appointed annually by the Board of Managers.

ARTICLE XIII. These By-Laws may be amended at any meeting of the Association, notice of the proposed amendment having been included in the notice of the meeting, and the proposed amendment having been read at a previous meeting either of the Association or of the Board of Managers.

